



**Archery:** A great way to learn how to shoot a bow. You will go over safety and technique, learn the basic form, and try for the bulls-eye!

**Canoeing/Fishing:** You'll pick if you want to canoe or fish on Lake Edith! Learn the strokes with the paddle, take the canoe out with your friends, or try to catch a big one!

**Cooking:** Learn to measure, mix, bake, cook, and then nibble on classic Greystone treats.

**Dance:** This camp classic is a Zumba-style aerobics class, with choreographed dances created by our very own Greystone counselors.

**Dog Camp:** Cuddle and play with our camp puppies!

**Drama Games:** Learn the essential principles of acting, voice, and speech through creative games and activities from a professionally trained actress!

**Farm & Garden:** Help grow lettuce and blueberries on our own Greystone farm. Play with our adorable chickens, donkeys, lambs, pigs, ponies, and more!

**Fine Arts - Ceramics:** Nothing beats playing with clay! You'll have your own project to take home with you.

**Fine Arts - Crafts:** You never know what the Fine Arts staff has in store for the Crafts class. Whatever it is, you're sure to love it!

**Fine Arts - Knitting:** Come learn how to hand-weave with our loops and looms project.

**Fine Arts - Printmaking:** Another beloved class in the FAC. Enjoy carving and testing out different color combinations as you print on paper, fabric, and more!

**Fit & Kick:** (1st & 2nd grades only) *New to Junior Camp!* A "get moving" type class where you'll learn some self-defense and kickboxing.



**Greystone Traditions:** You'll learn Dining Hall songs, Banquet claps, and other special camp traditions that have been around for 103 years!

**Gymnastics:** Enjoy learning the basic techniques and developing your skills.

**High Ropes (3<sup>rd</sup> - 4<sup>th</sup> grades only):** With three skill platform areas, you will move between the different stations and try out all of our various ropes obstacles.



**Landsports (includes Basketball, Kickball, Soccer, Softball, etc.):** All of our Landsports classes spend time going over basic skills and fundamentals and then putting those into practice through fun games and play with your cabin group.

**Landsports - Volleyball:** *New to Junior Camp!* Practice the basic skills of setting, spiking, passing, digging, and serving.

**Pickleball:** *New to Junior Camp!* Hit the courts with your friends during class, during free time, or after dinner - really there is not enough time in the day for all the Pickleball fun! It is

a new camp favorite!

**Riding:** A long-standing camp tradition! See our website for a more detailed list of what the Riding program offers.

**Riflery:** We shoot professional air rifles on our own 50-foot range! Learn to shoot at Greystone, where you are learning from the best!



**Swimming - Pool Games:** Two huge swimming pools, one that is 10 to 12 feet deep and the other a comfortable 3 to 8 feet deep, are both heated to a relaxing 85 degrees by state-of-the-art solar panels. You'll be splishing and splashing, playing fun pool games!

**Tennis:** Our well-maintained 8 hard surface courts are positioned in the very heart of camp. With the lake and mountains in your view, you can work on your backhand, strengthen your serve, and learn how to be a great tennis player. Whether you have picked up a racket for the first time or have already taken lessons, Greystone tennis is for you!

**Yoga:** Take your shoes off and grab a mat because you'll be learning yoga movements and poses in no time! Increase your flexibility, range of motion, and balance in this relaxing class.

**Waterpark:** Think you can make it to the end of our Ninja-Warrior-like obstacle course!? What better way to beat the sun than some lake fun at the Greystone water park - from sliding down our junior 100-foot waterslide and our giant 170-foot super slide, paddling, blobbing, and jumping on our 30-foot water trampoline...there is something for everyone at this class!

**If you have any questions about Junior Camp Activities,**  
please email Meredith, the Junior Camp Program Director, at [meredith@campgreystone.com](mailto:meredith@campgreystone.com)