



# Activities Offered 2019

**NEW Aerial Yoga (6<sup>th</sup> grade and up):** This seminar came to us a few years ago and was a BIG hit! Get excited because we are now offering it as a class! Fly high in the sky on our aerial silks; a fun and VERY relaxing new class at camp that you will love!

**Archery:** A great way to learn how to shoot a bow. You will go over safety and technique in the first class, and then quickly move towards passing levels, while improving your skill.

**Bible:** A class dedicated to studying a Bible character or Biblical theme - a great chance to learn more about the Bible.

**Calligraphy:** Starting with the simple strokes, you will use proper calligraphy pens and equipment to learn unique calligraphy writing.



**Canoeing:** You will begin by learning the strokes and advance to taking outings with friends around our lake area. A great way to explore the different lake coves near to camp, while enjoying some time on the water.

**Card Game Class:** Love cards? This class is for you! Learn Hearts, Rummy, and so much more!

**Ceramics:** You will try your hand at many different ceramic projects over the course of the session: hand building, working on our pottery wheels, glazing, firing and more.

**Cheerleading & Tumbling:** Learn different Greystone cheers, chants, and basic stunts in our Cheerleading class. Tumbling will help you build your skills whether it be a cartwheel or a round off back handspring!

**Cooking (August Camp: 4<sup>th</sup> grade and up):** One of the best classes in camp! You will learn to measure, mix, bake, cook, and then eventually eat some great Greystone treats in our new and improved Grey Café!

**Crafts:** Try your hand at something crafty as you make different art projects over the session. From bracelets to picture frames to clip boards, you will be able to try many different types of art. We will also be offering a **senior crafts class** to our Main Campers!

**Crocheting:** Crocheting has become a must-have on the schedule! Do you like knitting, but want to try your hand at something else? Try crocheting – SO FUN!

**Creative Writing:** Creative Writing is a wonderful class where you will explore the art of poetry, pros and short stories. Led by some of our genius counselors, they make writing within the context of camp so fun!

**Dance (includes Ballet, Jazz, Tap, Hip Hop, Dance team & Step):** Great for beginners to the more advanced, you will work on a dance routine that you will then perform at our Production Night at the end of our June and August sessions.



**Dog Camp:** Play with our camp puppies! Teach them all they need to know to grow into mature dogs – you will walk and groom them, while also teaching different tricks and skills.

**Diving:** Taught in our specialized diving pool, you will learn the proper techniques for many different dives, including the fundamentals and new tricks.

**Drama – Improv and Broadway Fun:** If you like to play games, want to learn how to talk in accents, and how to think on your feet, these drama classes are for you! Our drama staff

will teach you the essential principles of acting, voice, and speech through creative games and activities.

**Drama – Play Production (June/Main Camp):** If you want to perform onstage, this is the right class for you. Everyone has a different part, and you will perform at our Play Production at the end of the session.

**Drama – Backstage (June/Main Camp):** If being on stage isn't your thing, but you like to paint backdrops, make props, pull costumes, and run the show behind the curtain, the backstage class is for you! You will learn valuable skills about the behind-the-scenes operation of a theatrical production while being a vital part of our play production.

**Drawing:** Are you a budding artist? Do you love to draw? Would you like to learn different techniques and then draw things around camp? You will love Drawing at Greystone!!

**ENO Summer Reading:** Love chilling in a hammock and reading your book? This is the class for Y-O-U! No explanation needed – simply the best way to spend a class period at summer camp!



**Fencing:** Learn the art of fencing from great instructors. You will learn fundamentals and move on to actual combat against other campers, as you work to pass different levels.

**Fishing:** Catch an array of fish right from the Greystone dock! You will enjoy this relaxing class as you see what you can reel in on any particular day.

**Fitness:** We have multiple wonderful fitness classes to choose from. Our **Zumba** class is a fun, dance-style class where you will do choreographed workouts to upbeat music. Our **Bikes & Ellipticals** class is for girls who want to spend their time on those machines only. During our **General Fitness** classes, campers will enjoy a variety of things from free weights, weight machines, elliptical, bikes, and even **Boot**



**Camp!** This year we will also be offering both **Yoga and Barre class** – get ready to stretch and tone under the dance tent!

**NEW Fabric Printing, Dying and Weaving (5<sup>th</sup> grade and up):** a new class at camp! Get savvy with ink and print your heart away on bags, shirts, paper and so much more!

**Farm & Garden:** Help to grow things in our very own Greystone farm! You will also learn about chickens and rabbits, getting to play with these adorable animals.

**French:** Want to brush up on your languages? French Class is a great place to do so!

**Glass Beads (6<sup>th</sup> grade and up):** For our older campers, you will use the flame of a torch to heat and melt rods of glass to make, shape, and decorate unique glass beads using lampworking techniques.



**Glass Fusion:** For any age! Glass pieces are layered and then fused together to create different glass masterpieces, such as picture frames and soap dishes.

**Golf:** Learn the basics on our putting green and then move on to chipping our floating golf balls into the lake...a great class to learn a fun sport!

**Greystone Gazette:** Our very own Greystone newspaper, you will plan out each newspaper issue as a class. You will then write the different articles for the paper, after interviewing other counselors and campers.

**Greystone Groove:** This camp classic is a Zumba-style aerobics class, with choreographed dances created by our very own Greystone counselors.

**Guitar: Must have own guitar!** Come and learn basic chords, a few different praise songs, and enjoy time playing together.

**Gymnastics:** Enjoy time on all four event areas, learning basic technique or developing skills in each area. Campers work to pass different levels as they improve on their skills. For **Advanced Gymnastics**, you have to be able to do a round-off back handspring with no spot.



**High Adventure (4<sup>th</sup> grade and up):** Includes our climbing wall, bouldering wall, screamer, and leap of faith. You will rotate between each of these areas during the session. If you want to try our **zip line**, you can sign up for a zip line day on Opening Day!

**High Ropes (4<sup>th</sup> grade and up):** With three different skill platform areas, you will move between the different stations as you try out all of our different ropes obstacles.

**Juggling:** Learn how to juggle! Great for the beginner or the professional juggler, you will learn the basics and then move on to cool tricks.

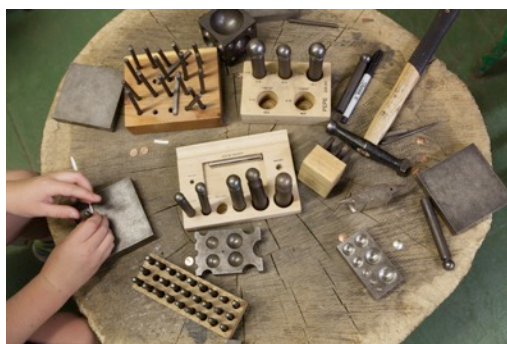
**Jump Rope:** A great class to learn how to do fun jump rope tricks on many different sized jump ropes.

**Kayaking (2 periods):** Located down at our awesome Putt Cove facility, you will learn the basics of paddling by playing fun games. More advanced paddlers can work on their roll and take longer lake trips.

**Knitting:** Choose your yarn and learn the basic stitches. More advanced knitters will enjoy making bigger and more intricate designs.

**Landsports (includes Basketball, Field hockey, Flag Football, Volleyball, Soccer, Track, Cross country, Ultimate Frisbee, Menagerie, Softball, Lacrosse, and Sports your grandma used to play):** All of our Landsports classes spend time going over basic skills and fundamentals, and then putting these into practice through fun games and play.

**Menagerie:** Enjoy playing lots of different games? In this class you can try out a mix of great games, such as Spud, Jimball, Croquet, Frisbee Golf, Bocce Ball, Ladder Ball, and more.



**Metal Jewelry (6<sup>th</sup> grade and up):** Run by nationally renowned jewelry designer Marilyn Bailey, our silversmith jewelry program provides an exceptional opportunity for older campers. Campers begin with the basics... taking coils of copper, they learn basic metal working techniques as they hammer the metal into different shapes. As they gain confidence, campers move on to sterling silver to create curved pieces that become the basis for their jewelry. From rings to bracelets and everything in between, campers make their own custom jewelry designs. Pieces are then refined and shined to create a finished product to be treasured for a lifetime.

**Music:** We have an amazing facility that our music class operates out of – the pavilion! We will be delighting the stage with everything from Disney to Broadway!

**Painting:** Campers create in many different mediums (charcoal, pencil, pastels, water colors, and oil) in our painting classes. From still life to abstract and from people to scenery, campers receive guidance from our knowledgeable staff. Many of our painting counselors pursue the painting field outside of camp, which allows for our campers to receive diversified and experienced instruction every day.



**Photography:** In this class you will learn the principles of composition, lighting and editing. There will be opportunities to submit your photos to the Greystone Gazette (our very own newspaper) or even be a guest photographer on one of Jimboy's blog posts. Our photography studio is right in the middle of all the action at the Fine Arts Center — this class is one you do not want to miss! Remember, **you must bring your own camera!**

**Riding:** A long-standing camp tradition! Whether a beginner or a seasoned veteran - we offer a wide variety of Equestrian Experiences here at Greystone. See our website for a more detailed list of what the Riding program offers. Make sure to register through your Online Extra Activities Form!!!



**Riflery:** We shoot professional air rifles on a 50-foot range for NRA patches and certificates. Greystone girls are very good marksmen, consistently beating the competition at local meets and earning top awards from the NRA. Learn to shoot at Greystone where you are learning from the best!



**Sailing:** We have a large fleet of Pico Laser sailboats that are a beginner's dream. These boats are the perfect size to teach sailing skills to our campers. These small and easily maneuverable boats allow any age camper to captain for the day. Campers learn sailing knots, proper rigging, correct rudder motions, and more so that each girl has the skills needed to maneuver a boat throughout our beautiful lake.

**Sewing:** The Greystone sewing program provides campers with the chance to try their hand at something new. With campers having access to their own machines, girls learn how to load the machines and change their thread before they even complete their first stitch. Our colorful fabrics provide a variety of choices for our sewers as girls complete everything from laundry bags to pajama pants.

**Swimming:** Our state-of-the-art complex allows you to surpass many goals throughout the summer. Two very large swimming pools, one that is 10 to 12 feet deep and the other a comfortable 3 to 8 feet deep, are both heated to a relaxing 85 degrees by state of the art solar panels. Not only do we offer swimming lessons for any level or age, but we also offer synchronized swimming (a camp favorite – June only), Competitive Swimming, Free swim, Lap swim, Pool games and Water Aerobics.

**Tennis:** Our well maintained 8 hard surface courts are positioned in the very heart of camp. With the lake and mountains in your view, you can work on your backhand, strengthen your serve, and learn how to be a great tennis player. Our instructors are experienced in teaching all levels of USTA standards; from beginner all the way to advanced tournament levels. Whether you have picked up a racket for the first time or played most of your life, Greystone tennis is for you!



**Waterpark:** What better way to beat the heat than some lake fun at the Greystone water park - from sliding down our junior 100-foot waterslide and our giant 170 foot super slide, to paddling, to blobbing, to jumping on our 30-foot water trampoline...there is something for everyone at this department.

