

# INSTRUCTIONS FOR EPIPENS & INHALERS

Please **DO NOT SEND** your daughter's epipen or rescue inhaler to camp unless she needs to keep it with her at all times or uses it often.

## ABOUT OUR POLICY:

- Our staff are made aware of any camper allergies/asthma and are trained to recognize any symptoms of distress.
- We have emergency medications available in our Health Hut and strategically placed throughout camp should your daughter need them while with us.
- We also have these medications available for any off-site trips (Hiking, Rafting, Riding, etc.).

## IF YOU OR YOUR DAUGHTER'S PHYSICIAN FEEL THAT SHE MUST CARRY AN EMERGENCY MEDICATION WITH HER, FOLLOW THESE STEPS:

- 1** Enter emergency medication info. on her Health History Form.
  - 2** On her Physical Form (print out from her online Greystone account), have her physician list the epipen or inhaler on the medication list (the second page of the Physical Form).
  - 3** On Opening Day, place the medications in a Ziploc bag in the original box with the official pharmacy label and include the Medication Station Form (QR code below). Take the bag to the Medication Station. Remember that our nurses can't accept expired medication.
- ★ Please note:** If your daughter has a current asthma/allergy action plan, please upload this form into her online Greystone account with her Physical Form. This plan (from school or your physician's office) helps guide our care for campers with allergies and asthma.

As you consider whether sending your daughter's emergency medication is necessary, it is helpful to note that Greystone is "nut free." Our Kitchen Staff pays close attention to cross-contamination and does not serve or cook with any nut products. Greystone also does not cook or serve shellfish. While our staff takes great care in preparing all of our allergy-safe food, we cannot guarantee that your daughter will not come in contact with foods she may be allergic to. For this reason, we have emergency medications available in our Health Hut and throughout camp. Please visit the parent section of our website for more specific allergy information.

MED STATION  
FORM

