

SUMMER 2026

MEDICATIONS AT

Greystone

IF YOUR DAUGHTER WILL NEED TO TAKE **ANY TYPE OF MEDICATION** WHILE SHE IS AT CAMP, PLEASE READ THE MEDICATION OVERVIEW ON THE INSIDE OF THE PAMPHLET.

DON'T MISS THE MAY 1 DEADLINE!

Our Health Hut is well stocked with medications such as Tylenol, ibuprofen, Zyrtec, Tums, decongestants, Miralax, and more. If your camper will not need them daily as a scheduled medication, any of these can be administered when needed at no charge to you. Please let your daughter know that she can come to the Health Hut and ask a nurse for these when she needs them.

PLEASE DO NOT SEND THE FOLLOWING MEDICATIONS TO CAMP:

- Any medication taken as needed like allergy medicine, ibuprofen, etc.
- Epipens or rescue inhalers unless she needs to keep one with her at all times or has used one in the last year
- Vitamins, essential oils, supplements, allergy drops, water enhancers, or melatonin unless they are prescribed by your physician and packaged according to our policy

**START EARLY AND
PLAN AHEAD WITH
YOUR MEDICATIONS!**

STILL HAVE QUESTIONS?

Scan for our FAQ page for more information, or contact our Assistant Health and Medication Director at margaretann@campgreystone.com.



MEDICATION OVERVIEW

To keep our camp community safe and meet state regulations, Greystone **CANNOT** accept medications that are not packaged correctly through a pharmacy. If your daughter will need to take any type of medication, follow this guide to ensure her medications are packaged correctly.



DAILY MEDICATIONS WILL ONLY BE ACCEPTED AT GREYSTONE IF PACKAGED IN A BLISTER PACK BY:

WHITLEY DRUGS

Follow instructions on page 3. Your daughter's medications will be waiting at camp on Opening Day. This is the safest and easiest option for campers, parents, and staff.

OR

YOUR LOCAL PHARMACY

Follow instructions on page 4 to have a local pharmacy package medications for you to check-in at our Medication Station on Opening Day. Start early to find a pharmacy that can package according to our policy.

IF YOUR DAUGHTER TAKES ANY OF THE FOLLOWING MEDICATIONS DAILY, PLEASE FOLLOW THE INSTRUCTIONS ABOVE AS WELL AS ON THE PROCEEDING PAGES. THESE MEDICATIONS WILL NOT BE ACCEPTED IF NOT PACKAGED CORRECTLY.

- All prescription medications
- Daily maintenance inhalers
- Powders (Ex: Miralax)
- Vitamins and supplements
- Nasal sprays
- Prescription creams
- Any eyedrops or ear drops
- Melatonin
- Daily allergy medications
- Water enhancers

HELPFUL INFORMATION!

- List **ALL** medications on your daughter's online Health History Form **AND** on her physician-signed Physical Form (find both in your online Greystone account).
- **NO Liquid Medications** will be accepted. If your daughter cannot swallow a pill, please see if there's a chewable option. It is safer to administer pills/chewables and makes the distribution process faster for our campers.
 - If there is a chewable option, please practice before camp with the chewable.
 - If there's no chewable option, please contact Margaret Ann (margaretann@campgreystone.com).
- **If medications arrive on Opening Day out of compliance with our Medication Policy, you will be directed to Whitley Drugs who will fill the medication and assess a late fee.**
- We cannot accept medications packaged by a parent. All blister packaging must arrive with an official label processed/generated by a licensed pharmacist.

ACCUTANE & ORAL BIRTH CONTROL:

- List these medications on your Health History Form in your online Greystone account and on the signed Physical Form (print from your online Greystone account). Drop meds off at the Medication Station on Opening Day in their original packaging with the official pharmacy label attached.
- Accutane and oral birth control are the **ONLY** medications that may be brought to camp in their original packaging without pre-approval from our Assistant Health and Medication Director.

CONTACT US AS SOON AS POSSIBLE IF:

- Your daughter needs injections/ immunotherapy, seizure medications, or Lactaid.
- Your daughter starts a new medication or has a change in her health history after her forms are submitted on May 1.

ALL daily medications (prescription **and** over-the-counter) must be filled and packaged by a licensed pharmacist and cannot be accepted if not properly labeled and packaged.

FOLLOW THESE STEPS FOR EASY PACKAGING:

1 In your Companion app or online Greystone account, select the “Whitley Drugs” option on the Medication Verification Form.

2 Go online to whitleydrugs.com or use the QR code.

- Click on “Camp Greystone.”
- Complete their online form no later than May 1 (even if medication info. might change before her session).

This information must be completed every year.

Website
here:



3 Have a physician fax the 2nd page of the Physical Form (medication list) to Whitley’s (828-692-6319). The 2nd page serves as the “prescription.” The physician may also e-scribe to Whitley’s, but the 2nd page still needs to be completed, signed by the physician, and uploaded to your online Greystone account.

4 Expect a text or call from a Whitley’s staff member about two weeks before your daughter’s session to confirm they have all necessary information. Contact Whitley’s if you haven’t heard from them by then.

5 Arrive on Opening Day, hug your daughter goodbye, and depart without any extra stops or concerns about her medication.

Your daughter's packaged medication will be waiting for her at camp.

IMPORTANT INFORMATION! PLEASE READ.

- All pharmacies require a prescription to fill **any** medication (even OTC meds, vitamins, & supplements).
- **Controlled medications** must be listed on the 2nd page of the Physical Form **AND**, according to state law, be e-scribed to Whitley’s for packaging.
- Whitley’s will fill medications in pill form (daily and “as needed”), chewable medications, prescription and OTC nose sprays, eye/ear drops, daily inhalers, creams, and ointments, non-prescription items such as daily allergy medications, vitamins, and supplements (including melatonin) after your physician faxes page 2 of the Physical Form to them.
- Whitley’s will process your insurance and bill you for any co-pay as well as a service & packaging fee.
 - Only OTC: \$30 per camper; Any prescription meds: \$55 per camper
- **Important:** Please complete Whitley’s online info. even if your daughter’s medication or dose may change after May 1. Increasing late fees are assessed if Whitley’s online information is not completed by May 1.

ALL daily medications (prescription **and** over-the-counter) must be filled and packaged by a licensed pharmacist and cannot be accepted if not properly labeled and packaged.

Start early—using your local pharmacy for packaging often takes more time.

FOLLOW THESE STEPS FOR EASY PACKAGING:

1 In your Companion app or online Greystone account, select the “pharmacy of your choice” option on the Medication Verification Form.

2 Check with your local pharmacy to see if they can package medications in blister packs. They’ll need a prescription from your provider for both OTC and prescription meds. Scan this QR code for blister pack instructions for your pharmacist.



3 Make sure that your daughter’s physician lists all of her medications on the 2nd page of her Physical Form (print this form from her online Greystone account). Please upload both pages of this form to her online Greystone account and have the physician’s office fax this prescription page to your pharmacy of choice for packaging.

4 Please ask the pharmacy to include enough medication for your daughter’s entire stay at camp. Since some ADHD and controlled medications cannot be filled early, email Margaret Ann (margaretann@campgreystone.com) for instructions on sending additional medication.

5 Pick up your blister packed medication from your local pharmacy, place it in a Ziploc bag with the Medication Station Form, and bring it to camp on Opening Day. Scan this QR code for Medication Station Form.



6 On Opening Day, drop your daughter off, then drive to our Medication Station. Take the Ziploc bag to our nurses at the Medication Station. They will collect properly packaged medications and clarify details.

IMPORTANT INFORMATION! PLEASE READ.

- ALL pharmacies need a prescription to pack **any** medication as our policy requires (even OTC meds, vitamins, & supplements).
- ALL daily medications (prescription **and** over-the-counter) must be filled and packaged by a licensed pharmacist in a blister package.
- An official printed pharmacy label must be secured to the medication package. Medications brought in pillboxes, baggies, or packaged at home cannot be accepted. State regulations require all medication to be in containers processed by a pharmacist.

****We cannot accept medications out of compliance with our policy.****

NEED A LIST OF
LOCAL PHARMACIES
AROUND THE COUNTRY
WHO HAVE BLISTER
PACKING SERVICES?

