

1  
Aerial Yoga ((6th) Archery Bible Canoeing Ceramics  
Cooking Crafts - Camp Crafts Crafts REMIX Dance - Ballet  
Dog Camp Drama - Backstage Drama - Play ENO/Summer Reading  
Farm & Garden Fishing Fitness (4th+) Fitness -Yoga Fitness - Zumba  
Glass Beads (5th+) Glass Fusion Greystone Groove Gymnastics HA - Climbing HR - Slacklining (4th+)  
Knitting LS - Basketball LS - Cross Country LS - Field Hockey LS - FORT Class LS - Golf  
LS - Track LS - Volleyball Metal Jewelry (5th+) Mountain Biking (4th+) Painting Print Making (4th+)  
Putt Cove FUN Riflery Sewing Swimming - Comp Swimming - Games Swimming - Syncro  
Tennis Waterpark Woodburning (4th+)

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Name:

Cabin:

# Scheduling Instructions

## The "How Tos"

- Choose 7 activities that you would like to take! We suggest grabbing a pencil and **circling one class per period**...make sure to choose a variety - there are so many fun ones!
- If any of your choices are 2 period classes - **don't forget to include the second period on your schedule!**
- Choose the order of your classes based on **where classes are located**. Your counselor can help you with this...THEN look at how active those classes are. If you can, try and group wet and dry activities.
- When you have made a schedule that you are happy with, you will come to the FORT to schedule with your cabin and get everything settled!
- There will be counselors there to double check that your classes are in the best order for you! **Get excited!**

## What to bring

*We recommend carrying a bag with you from class to class.*

**In that bag, you should bring:**

Bathing suit and towel for water activities

Tennis shoes (Always!)

Water bottle

Sunscreen

Smiling face cause it's gonna to be a great day!

## Class Ages

grade = grade you just finished

**Aerial Yoga:** 6<sup>th</sup> and up

**Mountain Biking:** 4<sup>th</sup> and up

**High Adv:** 4<sup>th</sup> and up

**High Ropes:** 4<sup>th</sup> and up

**Printmaking:** 4<sup>th</sup> and up

**Fitness Classes:** 4<sup>th</sup> and up

**Metal Jewelry:** 5<sup>th</sup> and up

**Glass Beads:** 5<sup>th</sup> and up

**Wood-burning:** 4<sup>th</sup> and up

## Cooking and Dog Camp:

**You get a special cooking and dog camp seminar during the session for the whole cabin to enjoy together! Get excited!!**

**You will get info and a calendar**

**in your boxes about it all!**

All classes can only be taken once!

## What to Wear

*For all of our classes, we recommend tennis shoes or Chacos, **but for some classes, tennis shoes are mandatory!***

**Those classes are:**

Archery

Glass Beads/Fusion

ALL Landsports

Farm and Garden

Mountain Biking

High Adventure

High Ropes

Tennis

ALL Fitness classes

## How does Thunderhead work?

If your parents signed you up for Thunderhead Riding...never fear! Your day will come!

You will get a **slip in your Mail Box the Rest Hour before your Thunderhead Ranch day** with more instructions on what to wear, where to meet, and what to expect on your day at the ranch!