

Monday | Wednesday | Friday

Tuesday | Thursday | Saturday

1	Aerial Yoga (5th+) Archery Bookbinding Canoeing Ceramics Cooking (4th+) Cooking @ the Farm (1st-3rd) Crafts	Dance - Ballet Diving Dog Camp Drama Play ENO/Summer Reading Farm and Garden Fencing Fishing	Fitness - Zumba/Groomba Fitness (4th+) Glass Beads (6th+) Glass Fusion Gymnastics High Adventure (4th+) High Ropes (4th+) Knitting LS - Basketball	LS - XCountry/Track LS - Lacrosse LS - Soccer LS - Volleyball Mahjong Metal Jewelry (6th+) Mountain Biking (4th+) Paddleboarding Painting	Pickleball Print Making (4th+) Riflery Sewing Swim - Pool Games Swim - Synchro Tennis Waterpark Woodburning (4th+)
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1	Aerial Yoga (5th+) Archery Bookbinding Calligraphy/Drawing Canoeing Ceramics Cooking (4th+) Cooking @ the Farm (1st-3rd)	Crafts Dance - Ballet Diving Dog Camp Drama Play ENO/Summer Reading Farm and Garden Fencing Fishing	Fitness - Zumba/Groomba Fitness (4th+) Glass Beads (6th+) Glass Fusion Gymnastics High Adventure (4th+) High Ropes (4th+) Knitting	LS - Basketball LS - XCountry/Track LS - Lacrosse LS - Soccer LS - Volleyball Mahjong Metal Jewelry (6th+) Mountain Biking (4th+)	Paddleboarding Painting Pickleball Print Making (4th+) Riflery Sewing Swim - Pool Games Swim - Synchro Tennis Waterpark
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2	Aerial Yoga (5th+) Archery Bible Bookbinding Canoeing Ceramics Cooking (4th+) Cooking @ the Farm (1st-3rd) Crafts	Dance - Jazz Diving Dog Camp Drama Improv ENO/Summer Reading Farm and Garden Fencing Fishing	Fitness - Zumba/Groomba Fitness (4th+) Glass Beads (6th+) Glass Fusion Gymnastics High Adventure (4th+) High Ropes (4th+) Kayaking Knitting	LS - Basketball LS - Lacrosse LS - Soccer LS - Volleyball Mahjong Metal Jewelry (6th+) Mountain Biking (4th+) Paddleboarding Painting	Pickleball Print Making (4th+) Riflery Sailing Sewing Swim - Pool Games Tennis Waterpark Woodburning (4th+)
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2	Aerial Yoga (5th+) Archery Bible Bookbinding Calligraphy/Drawing Canoeing Ceramics Cooking (4th+)	Cooking @ the Farm (1st-3rd) Crafts Dance - Jazz Diving Dog Camp Drama - Improv ENO/Summer Reading Farm and Garden	Fencing Fishing Fitness - Zumba/Groomba Fitness (4th+) Glass Beads (6th+) Glass Fusion Gymnastics High Adventure (4th+) High Ropes (4th+)	Kayaking Knitting LS - Basketball LS - Lacrosse LS - Soccer LS - Volleyball Mahjong Metal Jewelry (6th+) Mountain Biking (4th+)	Paddleboarding Painting Pickleball Print Making (4th+) Riflery Sailing Sewing Swim - Pool Games Tennis Waterpark
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3	Aerial Yoga (5th+) Archery Bookbinding Canoeing Ceramics Cooking (4th+) Cooking @ the Farm (1st-3rd) Crafts	Dance - Hip Hop Diving Drama Improv ENO/Summer Reading Farm and Garden Fencing Fishing Fitness - Yoga	Fitness (4th+) Glass Beads (6th+) Glass Fusion Gymnastics High Adventure (4th+) High Ropes (4th+) Knitting LS - Basketball	LS - FORT Class LS - Soccer LS - Volleyball Mahjong Metal Jewelry (6th+) Mountain Biking (4th+) Paddleboarding Painting	Pickleball Print Making (4th+) Riflery Sewing Swim - Free Swim Swim - Pool Games Tennis Waterpark Woodburning (4th+)
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3	Aerial Yoga (5th+) Archery Bookbinding Calligraphy/Drawing Canoeing Ceramics Cooking (4th+) Cooking @ the Farm (1st-3rd)	Crafts Dance - Jazz Diving Drama - Improv ENO/Summer Reading Farm and Garden Fencing Fishing	Fitness - Yoga Fitness (4th+) Glass Beads (6th+) Glass Fusion Gymnastics High Adventure (4th+) High Ropes (4th+) Knitting	LS - Basketball LS - FORT Class LS - Soccer LS - Volleyball Mahjong Metal Jewelry (6th+) Mountain Biking - Intermediate (4th+) Paddleboarding	Painting Print Making (4th+) Pickleball Riflery Sewing Swim - Free Swim Swim - Pool Games Tennis Waterpark
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4	Aerial Yoga (5th+) Archery Bookbinding Canoeing Ceramics Cooking (4th+) Cooking @ the Farm (1st-3rd) Crafts	Cheer - Tumbling Dance - Hip Hop Diving Dog Camp ENO/Summer Reading Farm and Garden Fencing Fishing Fitness - Yoga Fitness (4th+)	Glass Beads (6th+) Glass Fusion High Adventure (4th+) High Ropes (4th+) Kayaking Knitting LS - Basketball LS - Flag Football LS - Golf	LS - Menagerie LS - Volleyball Mahjong Metal Jewelry (6th+) Mountain Biking (4th+) Music - Broadway/Disney Fun Painting Pickleball	Print Making (4th+) Putt Cove FUN Riflery Sailing Sewing Swim - Free Swim Swim - Pool Games Tennis Waterpark Woodburning (4th+)
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4	Aerial Yoga (5th+) Archery Bookbinding Calligraphy/Drawing Canoeing Ceramics Cooking (4th+) Cooking @ the Farm (1st-3rd)	Cheer - Tumbling Crafts Dance - Hip Hop Diving Dog Camp ENO/Summer Reading Farm and Garden Fencing Fishing	Fitness - Yoga Fitness (4th+) Glass Beads (6th+) Glass Fusion High Adventure (4th+) High Ropes (4th+) Kayaking Knitting LS - Basketball LS - Flag Football	LS - Golf LS - Menagerie LS - Volleyball Mahjong Metal Jewelry (6th+) Mountain Biking - Intermediate (4th+) Music - Broadway/Disney Fun Outdoor Skills	Painting Print Making (4th+) Pickleball Putt Cove FUN Riflery Sailing Sewing Swim - Free Swim Swim - Pool Games Tennis Waterpark
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5	Aerial Yoga (5th+) Archery Bookbinding Canoeing Ceramics Cooking (4th+) Cooking @ the Farm (1st-3rd) Card Game Class	Crafts Cheer - Tumbling Dance - Tap Diving Dog Camp ENO/Summer Reading Farm and Garden Fishing Fitness (4th+)	Glass Beads (6th+) Glass Fusion High Adventure (4th+) High Ropes (4th+) Knitting LS - Flag Football LS - FORT Class LS - Golf	LS - Menagerie Mahjong Metal Jewelry (6th+) Mountain Biking (4th+) Music - Broadway/Disney Fun Painting Pickleball	Print Making (4th+) Putt Cove FUN Riflery Sewing Swim - Free Swim Swim - Levels Tennis Waterpark Woodburning (4th+)
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5	Aerial Yoga (5th+) Archery Bookbinding Calligraphy/Drawing Canoeing Card Game Class Ceramics Cooking (4th+)	Cooking @ the Farm (1st-3rd) Cheer - Tumbling Crafts Dance - Tap Diving Dog Camp ENO/Summer Reading	Farm and Garden Fishing Fitness (4th+) Glass Beads (6th+) Glass Fusion High Adventure (4th+) High Ropes (4th+) Knitting LS - FORT Class	LS - Golf LS - Menagerie Mahjong Metal Jewelry (6th+) Mountain Biking (4th+) Music - Broadway/Disney Fun Outdoor Skills Painting	Print Making (4th+) Pickleball Putt Cove FUN Riflery Sewing Swim - Free Swim Swim - Levels Tennis Waterpark
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6	Aerial Yoga (5th+) Archery Ceramics Cooking (4th+) Cooking @ the Farm (1st-3rd) Competitive Cheer Crafts Greystone Gazette/Creative Writing	Dance - Lyrical Dog Camp Drama - Backstage ENO/Summer Reading Farm and Garden Fitness (4th+) Fitness - Zumba/Groomba Flower Arranging Glass Beads (6th+)	Glass Fusion Gymnastics High Adventure (4th+) High Ropes (4th+) Kayaking LS - Field Hockey LS - Frisbee Golf LS - Rugby	LS - Softball Lego Fun Metal Jewelry (6th+) Mountain Biking (4th+) Music - Worship Needleworking Outdoor Skills Painting Photography Putt Cove FUN	Riflery Sailing Slacklining Spanish Class Swim - Competitive Swim - Free Swim Swim - Levels Tennis Waterpark
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6	Aerial Yoga (5th+) Archery Ceramics Competitive Cheer Cooking (4th+) Cooking @ the Farm (1st-3rd) Crafts	Dance - Lyrical Dog Camp Drama - Backstage ENO/Summer Reading Farm and Garden Fitness - Zumba/Groomba Fitness (4th+) Flower Arranging	Glass Beads (6th+) Glass Fusion Gymnastics High Adventure (4th+) High Ropes (4th+) Kayaking LS - Field Hockey LS - Frisbee Golf LS - Rugby	LS - Softball Lego Fun Metal Jewelry (6th+) Mountain Biking (4th+) Music - Worship Needleworking Outdoor Skills Painting Photography	Putt Cove FUN Riflery Sailing Slacklining Swim - Competitive Swim - Free Swim Swim - Levels Tennis Waterpark
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7	Aerial Yoga (5th+) Archery Bouldering Ceramics Cooking (4th+) Cooking @ the Farm (1st-3rd) Competitive Cheer Crafts	Dance - HH Dog Camp Drama - Improv ENO/Summer Reading Farm and Garden Fitness (4th+) Fitness - Yoga Flower Arranging Glass Beads (6th+) Glass Fusion	Guitar Gymnastics High Adventure (4th+) High Ropes (4th+) LS - Basketball LS - FORT Class LS - Frisbee Golf	LS - Rugby LS - Soccer Lego Fun Metal Jewelry (6th+) Mountain Biking (4th+) Music - Worship Needleworking Outdoor Skills Painting	Photography Pure Barre Class Putt Cove FUN Riflery Swim - Competitive Swim - Free Swim Swim - Levels Tennis Waterpark
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7	Aerial Yoga (5th+) Archery Bouldering Ceramics Competitive Cheer Cooking (4th+) Cooking @ the Farm (1st-3rd) Crafts	Dance - HH Dog Camp Drama - Improv ENO/Summer Reading Farm and Garden Fitness - Yoga Fitness (4th+) Flower Arranging Glass Beads (6th+)	Guitar Gymnastics High Adventure (4th+) High Ropes (4th+) LS - Basketball LS - FORT Class LS - Frisbee Golf LS - Rugby	LS - Soccer Lego Fun Metal Jewelry (6th+) Mountain Biking (4th+) Music - Worship Needleworking Outdoor Skills Painting	Photography Pure Barre Class Putt Cove FUN Riflery Swim - Competitive Swim - Free Swim Swim - Levels Tennis Waterpark
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Name:

Cabin:

Scheduling Instructions

The "How Tos"

- Choose 14 activities that you would like to take! We suggest grabbing a pencil and **circling one class per period**...make sure to choose a variety - there are so many fun ones!
- If any of your choices are 2 period classes - **don't forget to include the second period on your schedule!**
- Choose the order of your classes based on **where classes are located**. Your counselor can help you with this...THEN look at how active those classes are. If you can, try and group wet and dry activities.
- When you have made a schedule that you are happy with, you will come to the FORT to schedule with your cabin and get everything settled!
- There will be counselors there to double check that your classes are in the best order for you! **Get excited!**

Class Ages

grade = grade you just finished

Cooking @ Whitehall: 4 th and up	Cooking @ The Farm: 1st - 3rd
Mountain Biking: 4th and up	Fitness Classes: 4th and up
High Adventure: 4th and up	Metal Jewelry: 6th and up
High Ropes: 4th and up	Glass Beads: 6th and up
Printmaking: 4th and up	Wood-burning: 4th and up

What to bring

We recommend carrying a bag with you from class to class.

In that bag, you should bring:

Bathing suit and towel for water activities

Tennis shoes (Always!)

Water bottle

Sunscreen

Smiling face cause it's gonna to be a great day!

Classes You Can Take Twice:

(but only once a day)

Canoeing

Card Games

Comp. Cheerleading

ALL Dance classes

ENO reading

Yoga

Zumba

Greystone Groove

ALL Landsports

Pickleball

ALL Swimming

classes

Tennis

Waterpark

only if one of the classes you take is 1 - 4th period

What to Wear

*For all of our classes, we recommend tennis shoes or Chacos, **but for some classes, tennis shoes are mandatory!***

Those classes are:

Archery

Glass Beads/Fusion

ALL Landsports

Farm and Garden

Mountain Biking

High Adventure

High Ropes

Tennis

ALL Fitness classes

How does Thunderhead work?

If your parents signed you up for Thunderhead Riding...never fear! Your day will come!

You will get a **slip in your Mail Box the Rest Hour before your Thunderhead Ranch day** with more instructions on what to wear, where to meet, and what to expect on your day at the ranch!