

Monday | Wednesday | Friday

Aerial Yoga (9th+)	Dog Camp	Fitness - Zumba	LS - Cross Country	Paddle Board - (2 periods)
Archery	Drama - Sr. Play (7th-11th)	Fitness (4th+)	LS - Field Hockey	Painting
Book Binding	Reading	Glass Beads - BEG (6th+)	LS - Frisbee Golf	Pickleball
Canoeing	ENO/Summer	Gymnastics	LS - Lacrosse	Print Making (4th+)
Card Game Class	Fencing	Glass Fusion	LS - Track	Rifery
Ceramics	Farm Barn	Gymnastics	LS - Volleyball	Sewing
Cooking (3 - 7 th)	Fishing	High Adventure (4th+)	Mahjong	Swim - Synchro (BEG - 2 periods)
Cooking in the Garden	Fishing	High Ropes (4th+)	Metal Jewelry (6th+)	Tennis
Crafts	Fitness - Yoga	Knitting/Crocheting	Mountain Biking (4th+)	Woodburning (4th+)
Dance - Ballet	Sculpt & Pilates	LS - Basketball		

Aerial Yoga (9th+)	Crafts	Fitness - Yoga Sculpt & Pilates	LS - Basketball	Painting
Archery	Dance - Jazz	Fitness (4th+)	LS - Cross Country (optional 2 nd period)	Pickleball
Bible w/ Chris (3rd-7th)	Dog Camp	Glass Beads BEG (6th+)	LS - Lacrosse	Print Making (4th+)
Book Binding	Drama - Sr. Play (7th-11th) cont'd	Glass Fusion	LS - Soccer	Rifery
Canoeing	ENO/Summer	Gymnastics	LS - Volleyball	Sailing (2 periods)
Card Game Class	Reading	High Adventure(4th+)	Mahjong	Sewing
Ceramics	Farm Barn	High Ropes (4th+)	Metal Jewelry (6th+)	Swim - Synchro (BEG/INT - 2 periods)
Competitive Cheer/Stunt	Fencing	Kayaking (2 periods)	Mountain Biking (4th+)	Tennis
Cooking (3 - 7 th)	Fishing	Knitting/Crocheting	Paddle Board - (2 periods)	Woodburning (4th+)
Cooking in the Garden				

Aerial Yoga (9th+)	Crafts	Glass Beads BEG (6th+)	LS - Lacrosse ADV	Painting
Archery ADV	Dance - Hip Hop	Glass Fusion	LS - Soccer	Pickleball
Bible w/ Sandi (8th+)	Drama - Backstage (JR)	Gymnastics	LS - Volleyball	Print Making (4th+)
Book Binding	ENO/Summer	High Adventure(4th+)	Mahjong	Rifery
Canoeing	Reading	High Ropes (4th+)	Metal Jewelry (6th+)	Sailing (cont'd)
Ceramics	Farm Barn	Kayaking (cont'd)	Mountain Biking (4th+)	Sewing
Competitive Cheer/Stunt	Fishing	Knitting/Crocheting	Music - Broadway/Disney	Swim - Synchro (INT/ADV - 2 periods)
Cooking (3 - 7 th)	Fitness (4th+)	LS - Basketball	Fun	Tennis
Cooking in the Garden		LS - FORT Class	Paddle Board - (cont'd)	Waterpark
		LS - Golf ADV	Outdoor Skills	Woodburning (4th+)

Aerial Yoga (9th+)	Dance - Hip Hop	Fitness - Zumba	LS - FORT Class	Putt Cove FUN
Archery	Diving - ADV	Glass Beads INT (6th+)	LS - Soccer	Rifery
Bible w/ Sandi (8th+)	Dog Camp	Glass Fusion	LS - Volleyball	Sailing (2 periods)
Book Binding	Drama - Backstage (SR)	Gymnastics	Mahjong	Sewing
Canoeing	Drama - Improv	High Adventure (4th+)	Metal Jewelry (6th+)	Swim - Free Swim
Ceramics	Drama - Improv	High Ropes (4th+)	Mtn. Bike ADV (4th+ (opt. 2 periods))	Swim - Pool Games
Cooking (3 - 7 th)	ENO/Summer Reading	Kayaking (2 periods)	Music - Worship	Swim - Synchro (ADV)
Cooking in the Garden	Farm Barn	Knitting/Crocheting	Outdoor Skills	Tennis ADV (2 period opt.)
Crafts	Fishing	LS - Basketball	Painting	Waterpark
	Fitness (4th+)	LS - Flag Football	Pickleball	Woodburning (4th+)
			Print Making ADV (4th+)	

Aerial Yoga (9th+)	Dance - Hip Hop ADV	Glass Beads INT (6th+)	Mahjong	Sewing
Archery	Diving	Glass Fusion	Metal Jewelry (6th+)	Shibori (8th+)
Book Binding	Dog Camp	Guitar	Mountain Bike ADV - cont'd (4th+)	Swim - Competitive
Bouldering	ENO/Summer Reading	Gymnastics - Tumble	Painting	Swim - Free Swim
Canoeing	Farm Barn	High Adventure (4th+)	Pickleball	Swim - Levels
Ceramics	Fishing	High Ropes (4th+)	Pure Barre	Swim - Pool Games
Cooking (3 - 7 th)	Fitness (4th+)	Kayaking (cont'd)	Putt Cove FUN	Tennis ADV
Cooking in the Garden	Fitness - Yoga	Knitting/Crocheting	Rifery	Waterpark
	Sculpt/Pilates	LS - Frisbee Golf	Sailing (cont'd)	Woodburning (4th+)
		LS - Menagerie		

Aerial Yoga (9th+)	Drama - JR Play (3rd-8th)	Gymnastics - Tumble	LS - Softball	Putt Cove FUN
Archery	ENO/Summer Reading	HA - ADV wall(4th+)	LS - Ultimate Frisbee	Rifery
Canoeing ADV	Farm Barn - Farm Stem	High Ropes (4th+)	Lego Fun	Sailing (into club)
Ceramics	Fishing - Fly Fishing	Kayaking (into club)	Mahjong	Sewing ADV
Cooking (3 - 7 th)	Fitness (4th+)	LS - FORT Class	Metal Jewelry (6th+)	Slack Lining
Crafts	LS - Golf	Mountain Bike (4th+)	Needleworking	Swim - Competitive
Dance - Lyrical	Flower Arranging	LS - Lacrosse	Painting ADV	Swim - Free Swim
Diving	Fitness - Yoga Sculpt/Pilates	LS - Rugby	Photography	Swim - Levels
	Glass Beads ADV (6th+)	LS - Soccer ADV	Pickleball	Swim - Pool Games
	Glass Fusion		Pure Barre	Tennis ADV
	Guitar			Waterpark

Tuesday | Thursday | Saturday

Aerial Yoga (9th+)	Cooking in the Garden	Fitness - Yoga	Knitting/Crocheting	Paddle Board - (2 periods)
Archery	Crafts	Sculpt/Pilates	LS - Basketball	Painting
Bookbinding	Dance - Ballet ADV	Fitness - Zumba	LS - Cross Country	Pickleball
Calligraphy/Drawing	Dog Camp	Fitness (4th+)	LS - Field Hockey	Print Making (4th+)
ADV	Drama - Sr. Play (7th-11th)	Glass Beads - INT (6th+)	LS - Frisbee Golf	Rifery
Canoeing	ENO/Summer Reading	Glass Fusion	LS - Lacrosse	Sewing
Card Game Class	Farm Barn	Gymnastics	LS - Volleyball	Swim - Synchro (BEG - 2 periods)
Ceramics	Fencing	High Adventure(4th+)	Mahjong	Tennis
Cooking (3 - 7 th)	Fishing	High Ropes (4th+)	Metal Jewelry (6th+)	Woodburning (4th+)
			Mountain Biking (4th+)	

Aerial Yoga (9th+)	Cooking in the Garden	Fitness - Yoga	Knitting/Crocheting	PaddleBoard - (2 periods)
Archery	Crafts	Sculpt/Pilates	LS - Basketball ADV	Painting
Bible w/ Chris (3rd-7th)	Dance - Jazz	Fitness (4th+)	LS - Cross Country (optional 2 nd period)	Pickleball
Bookbinding	Dog Camp	Glass Beads - INT (6th+)	LS - Lacrosse	Print Making (4th+)
Calligraphy/Drawing	Drama - Sr. Play (7th-11th) cont'd	Glass Fusion	LS - Soccer	Rifery
Canoeing	ENO/Summer Reading	Gymnastics	LS - Volleyball	Sailing (2 periods)
Card Game Class	Farm Barn	High Adventure(4th+)	Mahjong	Sewing
Ceramics	Fencing	High Ropes (4th+)	Metal Jewelry (6th+)	Swim - Synchro (BEG/INT 2 periods)
Competitive Cheer/Stunt	Fishing	Kayaking (2 periods)	Mountain Biking (4th+)	Tennis
Cooking (3 - 7 th)				

Aerial Yoga (9th+)	Cooking in the Garden	Glass Fusion	LS - Soccer	Painting
Archery ADV	Crafts	Gymnastics	LS - Volleyball	Pickleball
Bible w/ Sandi (8th+)	Dance - Jazz ADV	High Adventure(4th+)	Mahjong	Print Making (4th+)
Bookbinding	Drama - Backstage (JR)	High Ropes (4th+)	Metal Jewelry (6th+)	Rifery
Calligraphy/Drawing	ENO/Summer Reading	Kayaking (cont'd)	Mountain Biking (4th+)	Sailing (cont'd)
Canoeing	Farm Barn	Knitting/Crocheting	Music - Broadway/Disney Fun	Sewing
Ceramics	Fishing	LS - Basketball	Outdoor Skills	Swim - Synchro (INT/ADV) 2 periods)
Competitive Cheer/Stunt	Fitness (4th+)	LS - FORT Class	PaddleBoard - (cont'd)	Tennis
Cooking (3 - 7 th)	Glass Beads - INT (6th+)	LS - Lacrosse ADV		Waterpark

Aerial Yoga (9th+)	Dance - Hip Hop	Glass Beads - BEG (6th+)	LS - FORT Class	Putt Cove FUN
Archery	Diving	Glass Fusion	LS - Soccer	Rifery ADV (2 periods)
Bible w/ Sandi (8th+)	Dog Camp	Gymnastics	LS - Volleyball ADV	Sailing ADV (2 periods)
Bookbinding	Drama - Backstage (SR)	High Adventure(4th+)	Mahjong	Sewing
Calligraphy/Drawing	Drama - Improv	High Ropes (4th+)	Metal Jewelry (6th+)	Swim - Free Swim
Canoeing	ENO/Summer Reading	High Ropes (4th+)	Mountain Biking (4th+)	Swim - Pool Games
Ceramics ADV (2 period)	Farm Barn	Kayaking (2 periods)	Music - Worship	Swim - Synchro ADV - (2 periods)
Cooking (3 - 7 th)	Fishing	Knitting/Crocheting	Outdoor Skills	Tennis ADV (2 period opt.)
Cooking in the Garden	Fitness - Zumba	LS - Basketball	Pickleball	Waterpark
Crafts	Fitness (4th+)	LS - Flag Football	Print Making (4th+)	

Aerial Yoga (9th+)	Dance - Hip Hop ADV	Glass Beads - BEG (6th+)	LS - Frisbee Golf	Putt Cove FUN
Archery	Diving	Glass Fusion	LS - Menagerie	Rifery
Bookbinding	Dog Camp	Guitar - ADV	Mahjong	Sailing (cont'd)
Bouldering	ENO/Summer Reading	Gymnastics - ADV	Metal Jewelry (6th+)	Sewing
Calligraphy/Drawing	Farm Barn	High Adventure(4th+)	Mtn. Biking (4th+)	Swim - Competitive
Canoeing	Fishing	High Ropes (4th+)	Painting	Swim - Free Swim
Ceramics ADV	Fitness - Yoga	Kayaking (cont'd)	Pickleball	Swim - Levels
Cooking (3 - 7 th)	Sculpt/Pilates	Knitting/Crocheting	Pure Barre	Swim - Pool Games
Cooking in the Garden	Fitness (4th+)			Tennis ADV (cont'd)
Crafts				Waterpark

Aerial Yoga (9th+)	Diving	Glass Beads - BEG (6th+)	LS - Softball	Rifery
Archery	Dog Camp	Glass Fusion	LS - Ultimate Frisbee	Sailing (into club)
Canoeing ADV	Drama - Jr Play (3rd-8th)	Guitar	Lego Fun	Sewing
Ceramics	ENO/Summer Reading	Gymnastics - Tumble	Mahjong	Slack Lining
Cooking (3 - 7 th)	Farm Barn - Farm Hand	High Adventure(4th+)	Metal Jewelry (6th+)	Swim - Competitive
Crafts	Fishing - Fly Fishing	High Ropes (4th+)	Mountain Biking (4th+)	Swim - Free Swim
Greystone Gazette	Fitness - Yoga	Kayaking - ADV (into club)	Needleworking	Swim - Levels
Dance - Lyrical	Sculpt/Pilates	LS - Golf	Painting	Swim - Pool Games
Dance - Senior	Fitness (4th+)	LS - Lacrosse	Photography	Tennis
	Flower Arranging	LS - Rugby	Pickleball	Waterpark
			Pure Barre	
			Putt Cove FUN	

Name:

Cabin:

Scheduling Instructions

The "How Tos"

- Choose 12 activities that you would like to take! We suggest grabbing a pencil and **circling one class per period**...make sure to choose a variety - there are so many fun ones!
- If any of your choices are 2 period classes - **don't forget to include the second period on your schedule!**
- Choose the order of your classes based on **where classes are located**. Your counselor can help you with this...THEN look at how active those classes are. If you can, try and group wet and dry activities.
- When you have made a schedule that you are happy with, you will come to the FORT to schedule with your cabin and get everything settled!
- There will be counselors there to double check that your classes are in the best order for you! **Get excited!**

Details

- **Book Binding** – Craft Your Own Journal: Discover the art of bookbinding and create your own custom journal!
- **Bouldering:** Challenge yourself with bouldering in the great outdoors!
- **Cooking in the Garden:** Last summer, our Main Campers loved our new Farm to Table experience! It's back! But with a new name 😊
- **Frisbee Golf:** Step up to the tee and enjoy the thrill of disc golf!
- **Lego Fun:** Unleash your imagination with Lego building! Create amazing structures, solve challenges, and bring your ideas to life, one brick at a time.
- **Mahjong:** Join the game of Mahjong! Test your strategy and skill while having fun with friends.
- **Needlepoint:** Relax and get creative with needlepoint! Learn the art of stitching beautiful designs and create a personalized piece you'll be proud of.
- **Play Production:** Junior - Camp Rock; Senior - High School Musical
- **Rugby:** Get ready for action with rugby! Whether you're new to the game or have played before, you'll learn the fundamentals, improve your skills, and enjoy fast-paced games.
- **Slacklining:** Test your balance and concentration with slacklining! Set up by High Ropes, you'll challenge yourself to walk across the line, building strength and focus with every step.

Classes You Can Take Twice: *(only once on the same day)*

Canoeing
Card Games
ALL Dance classes
ENO reading
Lego Fun
Yoga
Zumba
ALL Landsports
(ie. you can take b-ball twice, but not in the same day)
Pickleball
ALL Swimming classes
Tennis
Waterpark
only if one of the classes you take is 1 - 4th period ↶

Double Classes:

- ADV Ceramics
- Drama - Senior Play
- Cross Country (optional)
- ADV Mountain Biking (MWF)
- Synchro (Beg, Int, Adv)
- Tennis
- Paddle boarding
- Kayaking
- Sailing

Class Ages

Aerial Yoga: 9th and up
Mtn. Biking: 4th and up
High Adv: 4th and up
High Ropes: 4th and up
Printmaking: 4th and up
Fitness: 4th and up

Shibori: 8th and up
Metal Jewelry: 6th and up
Glass Beads: 6th and up
Wood-burning: 4th and up

ADV Classes

All of our ADV classes require a higher level of skill. It is at our Department Head's discretion to approve who can and cannot take the class. Our goal is to find you the appropriate class for your skill level!

ADV Archery
ADV Calligraphy/Drawing
ADV Canoeing (must have gone on the river)
ADV Ceramics (must be able to center)
ADV Ballet, Jazz, Hip Hop
ADV Glass Beads
ADV Gymnastics (must a back handspring)
Advanced Wall
Advanced Golf, LAX, Soccer, Basketball, and Volleyball
ADV Kayaking
ADV Mountain Biking
ADV Painting
ADV Riflery (bar 2 and up)
ADV Sailing
ADV Sewing
ADV Syncro
ADV Tennis

How does Thunderhead work?

If your parents signed you up for Thunderhead Riding then never fear! Your day will come!

You will get a **slip in your Mail Box the Rest Hour before your Thunderhead Day** with more instructions on what to wear, where to meet, and what to expect on your day at the ranch!

Tell me about Hiking?

We are SO excited to offer Hiking again! **Signups are first come first serve and all based on age groups! There is plenty of room for everyone to get on a hike!!**