

## TVRC Essential Eligibility Criteria



Each Teton Valley Ranch Camp participant must...

1. Be in good mental and physical health and refrain from causing harm to themselves or others.
2. Be willing and able to follow TVRC rules and instructions.
3. Refrain from the use of alcohol, tobacco, controlled substances.
4. Be able to dress themselves and perform basic personal hygiene and self-care, in camp or in a wilderness or camp environment.
5. Be free of any medical or psychological condition that requires the consistent availability of medical facilities or trained medical personnel (at times, such assistance may be 48 hours or more away).
6. Be able to share living space in a cabin and tent (group living in close quarters will require reduced expectations of privacy and personal space, greater tolerance of others, respect for personal property, and neatness).
7. Be willing to live with and be around others who may have different viewpoints and beliefs; be respectful of all stated identities and beliefs. Maintain appropriate, non-exclusive relationships with other group members and staff.
8. Refrain from sexual activity, harassment, bullying, and all behavior that disrupts the experience of others and the cohesion of the group.
9. Be willing and able to eat a camp diet served in three standard meals, unless special dietary accommodations have been discussed and agreed upon with TVRC in advance.
10. Know how to swim and be physically able to mount, dismount, and balance on a horse.
11. Be able to communicate effectively with TVRC staff about their physical, medical, behavioral or emotional wellbeing, including, among other things, personal distress, injury, illness, allergies, asthma, anxiety, ADHD, homesickness, depression, and/or phobias.
12. Be able to understand, communicate, and act appropriately when encountering hazards and risks that may include, among other things, cliffs, loose rock, dead trees, snow, swift and/or deep water, and wildlife.
13. Be physically able and excited to hike for several hours on rough mountain trails at high elevations (up to 12,000 feet above sea level) while carrying a heavy backpack (distance, elevation, pack weights and other physical demands vary between age groups).
14. Be able to adjust to the challenges of a multi-day trip in a remote backcountry environment (up to 48 hrs. from definitive care) where the conditions may vary from cold (below freezing) to hot (above 90 degrees) and may include, among other things, rain, snow, lightning and/or hail (trip duration may vary from 1 to 14 days depending upon age group).
15. Be able to responsibly handle and wear equipment (including safety equipment) for various activities after receiving appropriate instruction, including, among other things, riding, backpacking, riflery, archery, fishing, lapidary, craft shop, and cooking equipment; and
16. Be willing and able to work as a member of a team to accomplish group tasks and support a safe social and emotional learning environment.

**Please note:** These EEC do not encompass all criteria for participation in Teton Valley Ranch Camp programs. These EEC are intended to give you a snapshot of the basic eligibility criteria for participation in TVRC programs. They do not include every example of the program activities a camper may participate in while at TVRC.