



Additional Daily Lunch Options (choose your main in the order form)

TOSSED SALAD WITH CHOICE OF PROTEIN
FRESH FRUIT, YOGURT, TUNA SALAD, CHICKEN, CHICKPEAS, BLACK BEANS
HOT DOGS, COLD CEREAL, VEGGIE BURGER, BAGELS, MILK & JUICE

Menu subject to change without notice



2021: SESSION 3

	Monday 7/26	Tuesday 7/27	Wednesday 7/28	Thursday 7/29	Friday 7/30
<u>WEEK 1:</u>	<p>Grilled Cheese Sandwich</p> <p>Welcome to Session 3!</p>	<p>Boneless BBQ Rib Sandwich OR Meatball Hero</p> <p>Ducklings Tie Dye</p>	<p>Chicken Nuggets & Fries</p> <p>Osprey Girls Tie Dye</p> <p>Sandpiper Group Photos</p> <p>CAMPFIRE 7-9pm</p>	<p>Chicken & Cheese Burrito</p> <p>Osprey Boys and Heron Boys Tie Dye</p> <p>Eagle Group Photos</p>	<p>Local pizza parlor pizza</p> <p>Plover Girls and Heron Girls Tie Dye</p>
<u>WEEK 2:</u>	<p>Breaded Chicken Breast Sandwich</p> <p>Sandpiper Girls Tie Dye</p> <p>Duckling and Plover group Photos</p>	<p>Chicken or Cheese Quesadilla</p> <p>Eagle Boys Tie Dye</p> <p>Osprey Group Photos</p>	<p>Pancakes or Bacon/Egg/Cheese Sandwich</p> <p>Sandpiper Boys Tie Dye</p> <p>Heron Group Photos</p>	<p>Hamburger/Cheeseburger with Chips</p> <p>SPECIAL DAY: RED VS BLUE</p>	<p>Local pizza parlor pizza</p> <p>Eagle Girls and Plover Boys Tie Dye</p>

ON TIE DYE DAY:

Please bring in a pre washed (no fabric softener) T-shirt.
Place initials on the inside collar with permanent marker.
Bring to camp in a zip lock baggie.

AFTER TIE DYEING:

Please keep the tie-dye in the bag overnight.
Be careful removing the item as the dye will stain.
Loosen the bindings, allow to air dry, then rinse repeatedly in cold water.

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