

Camp In Touch

Camp In Touch is the web-based program that Keystone Camp uses to keep in touch with you during the summer and off season. You can get to it through our website: www.keystonecamp.com and clicking Login in the upper right hand corner. Use your username (email) and password to login. Once you are logged in several sections will appear.

Note: Not all of the sections are listed below and we encourage you to play around to figure out all that Camp In Touch has to offer.

Email

This is the system you will use to email your camper during her session. Click the "Email" icon to go to the email page.

- 1) You must first purchase CampStamps in order to send emails. Click the "CampStamps" link at the top of the page to manage your CampStamps
- 2) Select the check box next to the camper you wish to receive the email. You may select more than one camper. You will be charged one CampStamp for each camper you select.
- 3) You may also choose an optional stationery for an additional CampStamp. ****We do not print our emails in color****
- 4) Write your message in the text box.
- 5) After composing your email you will find a box that you can check off to receive a response letter from your camper. This service is optional and will cost an additional CampStamp. The response letter will be hand written, but will be faxed to your email for a faster response
- 6) You may preview the email before you send. Hit the "Send Email" button at the end of the page to submit the email.
- 7) We will print emails at 12:00PM each day. You must send the email before this time for it to arrive same-day.

Photos

- "1) Photos will be displayed by date and album. There may be multiple albums for one date, e.g. Day 2 AM and Day 2 PM"
- "2) Use the drop-down menus to navigate the photo system.
- 3) Each photo in the gallery will have icons below it.
 - a) Star- use this icon to mark the photo as a favorite. The star will turn yellow when you mark it. These photos will be stored under the "Favorites" section for future viewing.
 - b) Envelope- use this icon to email this photo in low-res to a friend or relative
 - c) Magnifying Glass- view larger version in the slide show
 - d) Down Arrow- download an unlimited number of hi-res versions of this picture for \$1.69
 - e) Shopping Cart- add the photo to your cart for purchase
- 4) Click on "Cart" at the top of page to purchase prints or gifts of your photo"

Guest Accounts

- 1) You may grant access to friends or relatives with this link. The guest must have a valid email address. Guests are able to send emails as well as view camp photos. After adding the guest you must click the "My Email" check box to allow them to email.
- 2) You may purchase CampStamps for your guests or your guests may also purchase them for themselves.

Credit Card for CampStamps & Photos

Purchases for CampStamps and Photos are processed directly through CampMinder and not Keystone Camp. Please make sure you have an updated credit card here for these items. Keystone Camp is not able to see this information or carry it over from the credit card used for tuition.

NO PACKAGE POLICY

Our philosophy is that allowing packages creates a competitive environment with campers trying to receive the best package or the most packages. Therefore, any package we receive **WILL BE RETURNED TO SENDER UNOPENED**. We consider a package to be anything bigger than a standard sized envelope. Envelopes must also be flat, so please no pens, charms or other trinkets, magazines, books, cds, or forgotten articles of clothing. Absolutely no candy or gum please. Unless it is crucial to your daughter's health or hygiene, she will need to do without forgotten items for the short time that she is at camp. We encourage you to be mindful when packing to be sure that you have everything in order. Please help us by letting any appropriate friends and family know about this policy.

We do offer the option to send a healthy fruit basket from a local vendor, CampPacs. They can be reached at 800-248-CAMP or www.camppacs.com

VISITS

Attending camp provides an extraordinary opportunity for campers to gain the self-reliance, self-confidence, and independence important to a young girl's development. Therefore, the camp program should not be interrupted with visits by parents and relatives. We highly recommend parents visit on opening and closing days of the camp session. At this time, parents are encouraged to meet the staff and view the facility. Unfortunately, there are no facilities for housing or feeding guests at camp.

If you are new to Keystone and would like to visit camp before your daughter's summer session, we would be happy to give you a tour. Simply call the camp office to make an appointment. Please be aware that the week before camp, as well as the day between sessions, are busy planning times and are not convenient for visits.

TRUNKS

Only one footlocker and one duffle bag may be brought to camp (or two comparable bags). Trunks may arrive at camp in your car, on the airplane, or shipped by courier. Trunks will be delivered to your cabin by our maintenance crew upon arrival. When filling out your transportation form, please let us know how your daughter's bags will be arriving at camp.

SHIPPING TRUNKS

Shipping trunks can be quite convenient. We highly recommend shipping your trunk if your daughter is flying due to recent changes in airport security and luggage requirements. It makes airport procedures go much more smoothly to have the camper's major luggage already at camp.

UPS, Federal Express and other couriers deliver to camp. The shipping address is:

Your daughter's name (first and last name) Keystone Camp 101 Keystone Camp Road Brevard, NC 28712
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If you are thinking about shipping your trunk we strongly suggest contacting our local UPS store. If you ship both ways through them they are able to offer a discount. You can reach them at (828) 883-4701 and they will coordinate everything for you. The UPS store is who we use to ship any trunks from camp to your home. UPS couriers are only held responsible for damage if the trunk is packaged or within a box, so the UPS store offers that service for a small charge. We will have a form on your forms dashboard for you to complete and return directly to the UPS Brevard store.

Tips for Parents

- If your daughter isn't used to sleeping away from home, try to set up some practice times. Have her spend the night away at a few friend's homes and/or relatives.
- Make sure that your daughter, especially if she is younger, has experience handling daily hygiene, i.e. brushing her hair, taking a shower, brushing her teeth. Counselors are there to help your daughter out but it is important that she comes to camp with these skills.
- Every morning the girls participate in cabin cleanup. We have found that it is easier for the girls if they have already learned how to make their bed as well as some cleaning skills such as sweeping.
- At camp we eat our meals in a modified family style. It is helpful to your daughter if she practices passing dishes, serving herself, as well as learning to cut her meat before coming to camp.
- When packing your daughter up for camp try to make it something fun that you do together. It is important and helpful to your daughter if she knows what is in her trunk and where to find things. Doing this also makes it easier for her to pack her trunk when she leaves.
- The girls do have some occasional down time in their cabin. You may want to pack some card games, coloring books, mad libs, and/or reading books for you daughter to enjoy by herself or with a buddy during these times.

Nervousness

- If you daughter is feeling nervous or anxious before camp, it is important that you let her know that those feelings are completely normal. Most campers coming to camp for the first time get nervous and even our returning campers feel some anxiety entering the camp on opening day. Let her know she is not the only one feeling that way.
- Try not to tell your daughter over and over that you are going to miss her because this can bring on some anxiety before and during camp. The best is to continually reassure her how much the family supports her and how everyone wants her to have a great time at camp.
- Do not make deals about early pickups! Offering up the option of coming to camp to pick up you daughter if she is feeling too homesick is not a good idea. It allows your daughter to have a way out and in most cases they dwell on it instead of learning the ability to cope. If your daughter asks if you will come get her if she gets homesick try to respond with something along the lines of "It sounds like you are a little nervous about camp. Feeling this way is very normal and I support you and know that you are going to have a great time at camp and meet lots of new friends."

Homesickness

Homesickness is very common especially for girls coming to camp for the first time. Most girls get over their homesickness within the first day or two of being at camp but for some girls it takes a little longer. Our staff are all trained in ways of handling homesickness, but there are certainly ways that you can help as well. In the case that you get a sad letter from your daughter explaining how homesick she is, here is an example of a great way to respond.

