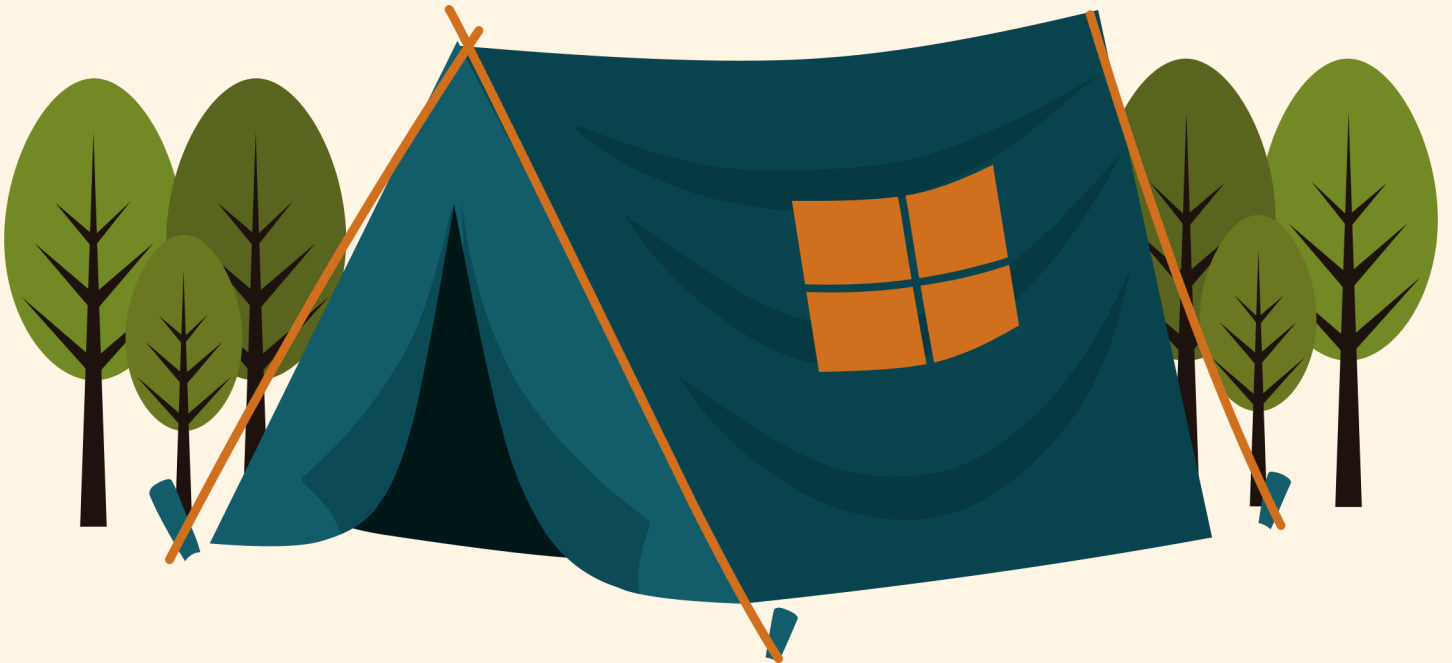


P A R E N T G U I D E B O O K

KEY CAMP



Discover the Exciting Adventure That Awaits Your Child at Keystone Camp



We recognize that sending your child to sleepaway camp for the first time can be daunting. We've created this guidebook to give you helpful insights about your child's Key Camp experience. Our objective is to empower you to feel confident when entrusting us with the responsibility of caring for your child.

BREVARD, NC



Camp Duration

Key Camp is a 6-day camp adventure that begins on Sunday morning and ends on Friday.

Daily Schedule

Your child will follow a daily schedule while they are at camp. This schedule is the same each day, with the exception of Opening and Closing Days.

7:30: Wake Up Bell	1:30-2:30: Rest Hour
8:15: Flag Raising	2:30-2:45: Tuck (Snack)
8:20: Breakfast	2:50-3:30: 5th Period
9:00-9:30: Assembly	3:35-4:15: 6th Period
9:35-10:15: 1st Period	4:20-5:00: 7th Period
10:20-11:00: 2nd Period	5:05-5:45: Free Play & Tuck (Merch)
11:05-11:45: 3rd Period	5:50: Flag Lowering
11:50-12:30: 4th Period	6:00: Dinner
12:30-12:40: Free Time	7:15-8:15: Evening Program
12:45-1:25: Lunch	9:00: Lights Out

Activities

While Keystone provides a variety of different activities, during our Key Camp sessions the options available to your child may differ from our standard offerings. Key Camp is designed to be an introduction to camp, thus activity program decisions will be made based on skill level, size, and age. When your camper moves up to a longer session they can look forward to activities like kayaking and high ropes. We reserve the right to make activity offerings based on our discretion, always keeping the safety of your child as our primary concern.



Levels

In your child's short time here, they are introduced to our levels system to get a taste of skills they need to master. Your child has the opportunity to learn and develop skills specific to the activities in which they sign up. These skills follow a flow of progression that increases in complexity and difficulty in each new level. Due to the duration of Key Camp your child may not completely pass a level, but they can try again in following summers and longer sessions. Your child can always look forward to the levels system for future years to come.

Trips

Your child has the opportunity to explore the area outside of camp through supervised trips. These trips are sign-up based and voluntary. All trips out of camp have limited capacity. Some trips are skill based and if your child does not meet the requirements, they may not be eligible to sign up. Each trip is equipped with a cell phone, first aid kit, and all necessary equipment.



Evening Program

Every night after dinner all of camp gets together for an activity called Evening Program. Some evening programs are cabin- or age-group based, while others are team games oriented and allow all of camp to play with each other. Evening programs take place around camp property or occasionally out of camp. Popular evening programs you might hear about are Gold Rush, Granny's Candy, Cabin Adventure, and Dolly's.



Team Assignments

Every camper who comes to Keystone is randomly assigned a team: Earth, Wind, Water, or Fire. However, we value family ties and prioritize keeping siblings and cousins together on the same team. The team your child is assigned stays with them each year. During camp-wide team activities, your child will have the opportunity for friendly competition against other teams.

Dining Hall

Our dining hall offers a variety of meal options, with attention to dietary restrictions and allergies. Food is served cafeteria style, so that everyone can go through the line to pick up their plate. In addition to our hot line, we offer salad and sandwich bars during lunch and dinner. Our breakfast bar features yogurt, fruit, and granola. Additionally, campers can choose from a variety of cereals and bagels. Our staff are happy to assist your child in choosing a meal if they are ever unsure of what to eat.



Bedtime Routine

A consistent bedtime routine is vital to ensure your child is well rested and ready for the next day. We understand how important it is for your child to feel at home while away. Our nighttime routine includes typical hygiene practices like brushing your teeth and hair. However, what sets us apart is our staff takes the time to sit down with each camper to discuss their day. Once that is done, we tuck each camper into bed and read a book of the cabin's choice aloud to everyone.

Independence

At Keystone, we prioritize offering campers as much autonomy as possible within safe and reasonable boundaries. To help your child experience success as they make their own decisions, it's important they come to camp with a few essential skills under their belt. These include changing their clothes, brushing their teeth, using the bathroom, showering, brushing their hair with assistance, cutting food independently, and pouring liquid independently (or with assistance).

Letters and Mail

We understand how important communication with your child is while they are away from home. We offer two forms of communication: snail mail and email (e-letters). We encourage you to utilize e-letters or pre-written letters to ensure your child has mail while they are here for the week, as snail mail can be slow to arrive at camp. We will have a drop box for pre-written letters on Opening Day. You can expect your child to receive mail and e-letters Monday through Thursday due to the length of their stay at camp.



Communication

Our communication with you while your child is here at camp will look slightly different from our longer sessions. You can expect to see a counselor introduction video via our Microposts on the Companion app (you'll find more information about this in the parent handbook). You'll also receive a short letter in your go-home packet on Closing Day written by your child's counselor featuring highlights from the session. You can still expect to receive communication via email with other pertinent information as it relates to camp, Opening and Closing Days, and your child.

Opening and Closing Days

Opening and Closing Days both operate on similar schedules. Specific information about arrival and departure times are sent out via email. On Opening Day, you'll have a brief opportunity to meet your child's counselor during drop-off. For Closing Day, you'll have the opportunity to see camp through a guided tour provided by your child's counselor. We'll also have a brief meeting with parents to recap your child's camp experience and what their next summer could look like at Keystone.

Contact Us

Please contact us if you have any questions or concerns.

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