

# RESOURCES FOR LEARNING ABOUT RACE AND RACISM

## FOR YOU AND YOUR KIDS

- How to Talk to Kids about Race and Racism ([Advice Column](#) from Parent Toolkit)
  - Actually talk about it.
  - Set the example.
  - Navigate their curiosity.
  - Make it relatable.
  - Address mistakes.
  - Be an advocate.
- How to Talk about George Floyd ([Blog](#) from Child Mind Institute)
  - Don't avoid talking about it.
  - Try to be calm and factual.
  - Validate their feelings.
  - Encourage questions.
- Beyond the Golden Rule: A Parent's Guide to Preventing and Responding to Prejudice ([A Teaching Tolerance Publication](#))
- Other Resources for Parents
  - [The Conscious Kid](#) ([A Children's Book List for Anti-Racism Activism](#))
  - [Here Wee Read](#)
  - [25 Middle Grade Books by Black Authors](#)
  - [Book Girl Magic](#)

## Resources for Parents to Raise Anti-Racist Children:

### Books:

- [Coretta Scott King Book Award Winners: books for children and young adults](#)
- [31 Children's books to support conversations on race, racism and resistance](#)

### Podcasts:

- [Parenting Forward podcast episode 'Five Pandemic Parenting Lessons with Cindy Wang Brandt'](#)
- [Fare of the Free Child podcast](#)

### Articles:

- [PBS's Teaching Your Child About Black History Month](#)
- [Your Kids Aren't Too Young to Talk About Race: Resource Roundup from Pretty Good](#)

## Articles:

- [Don't understand the protests? What you're seeing is people pushed to the edge](#)
- [Racial Complexities of Outdoor Spaces: An Analysis of African American 's Lived Experiences in Outdoor Recreation by Matthew Goodrid](#)
- [Tips for Creating Effective White Caucus Groups developed by Craig Elliott PhD](#)
- [I'm So Tired By Robert M. Sellers](#)
- [How you can be an ally in the fight for racial justice](#)
- [75 Things White People Can Do for Racial Justice](#)
- [Anti-Racism Project](#)
- [Jenna Arnold's resources \(books and people to follow\)](#)
- [Rachel Ricketts' anti-racism resources](#)
- [Resources for White People to Learn and Talk About Race and Racism](#)
- [Save the Tears: White Woman's Guide by Tatiana Mac](#)
- [Showing Up For Racial Justice's educational toolkits](#)
- ["Why is this happening?" — an introduction to police brutality from 100 Year Hoodie](#)
- [Zinn Education Project's teaching materials](#)
- ["America's Racial Contract Is Killing Us" by Adam Serwer | Atlantic \(May 8, 2020\)](#)
- [The Combahee River Collective Statement](#)
- ["The Intersectionality Wars" by Jane Coaston | Vox \(May 28, 2019\)](#)
- ["White Privilege: Unpacking the Invisible Knapsack" by Peggy McIntosh](#)
- ["Who Gets to Be Afraid in America?" by Dr. Ibram X. Kendi | Atlantic \(May 12, 2020\)](#)

## Videos:

- [The Red Line: The Spiral of Violence and Discrimination in 'the Gateway to the West'](#)
- [Black Feminism & the Movement for Black Lives: Barbara Smith, Reina Gossett, Charlene Carruthers \(50:48\)](#)
- ["How Studying Privilege Systems Can Strengthen Compassion" | Peggy McIntosh at TEDxTimberlaneSchools \(18:26\)](#)

## Podcasts:

- [Code Switch \(NPR\)](#)
- [Intersectionality Matters! hosted by Kimberlé Crenshaw](#)
- [Momentum: A Race Forward Podcast](#)
- [Pod For The Cause \(from The Leadership Conference on Civil & Human Rights\)](#)
- [Pod Save the People \(Crooked Media\)](#)
- [Seeing White](#)
- [1619 \(New York Times\)](#)

## Books:

- [The Warmth of Other Suns](#) by Isabel Wilkerson
- [Heavy: An American Memoir](#) by Kiese Laymon
- [How To Be An Antiracist](#) by Dr. Ibram X. Kendi
- [Black Feminist Thought](#) by Patricia Hill Collins
- [Eloquent Rage: A Black Feminist Discovers Her Superpower](#) by Dr. Brittney Cooper
- [I Know Why the Caged Bird Sings](#) by Maya [Angelou](#)
- [Just Mercy](#) by Bryan Stevenson
- [Me and White Supremacy](#) by Layla F. Saad
- [Raising Our Hands](#) by Jenna Arnold
- [Redefining Realness](#) by Janet [Mock](#)
- [Sister Outsider](#) by Audre Lorde
- [So You Want to Talk About Race](#) by Ijeoma Oluo
- [The Bluest Eye](#) by Toni Morrison
- [The Fire Next Time](#) by James Baldwin
- [The New Jim Crow: Mass Incarceration in the Age of Colorblindness](#) by Michelle Alexander
- [The Next American Revolution: Sustainable Activism for the Twenty-First Century](#) by Grace Lee Boggs
- [Their Eyes Were Watching God](#) by Zora Neale Hurston
- [This Bridge Called My Back: Writings by Radical Women of Color](#) by Cherrie Moraga
- [When Affirmative Action Was White: An Untold History of Racial Inequality in Twentieth-Century America](#) by Ira Katznelson
- [White Fragility: Why It's So Hard for White People to Talk About Racism](#) by Robin DiAngelo, PhD

## Films and TV Series:

- 13th (Ava DuVernay) — Netflix
- American Son (Kenny Leon) — Netflix
- Black Power Mixtape: 1967-1975 — Available to rent
- Clemency (Chinonye Chukwu) — Available to rent
- Fruitvale Station (Ryan Coogler) — Available to rent
- I Am Not Your Negro (James Baldwin doc) — Available to rent or on Kanopy
- If Beale Street Could Talk (Barry Jenkins) — Hulu
- Just Mercy (Destin Daniel Cretton) — Available to rent
- King In The Wilderness — HBO
- See You Yesterday (Stefon Bristol) — Netflix
- Selma (Ava DuVernay) — Available to rent
- The Black Panthers: Vanguard of the Revolution — Available to rent
- The Hate U Give (George Tillman Jr.) — Hulu with Cinemax
- When They See Us (Ava DuVernay) — Netflix

## **Organizations on Social Media:**

- Outdoor Afro [Instagram](#) | [Facebook](#)
- Melanin Base Camp [Instagram](#) | [Facebook](#)
- Brown Girls Climb [Instagram](#) | [Facebook](#)
- Brothers of Climbing [Instagram](#) | [Facebook](#)
- All Mountain Brothers [Instagram](#) | [Facebook](#)
- Antiracism Center: [Twitter](#)
- Color Of Change: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Colorlines: [Twitter](#) | [Instagram](#) | [Facebook](#)
- The Conscious Kid: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Equal Justice Initiative (EJI): [Twitter](#) | [Instagram](#) | [Facebook](#)
- The Leadership Conference on Civil & Human Rights: [Instagram](#) | [Facebook](#)
- NAACP: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Showing Up for Racial Justice (SURJ): [Twitter](#) | [Instagram](#) | [Facebook](#)

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