

# Father-Son Weekend Packing List

## APPAREL

- Front-country clothes for Friday and post-trip Sunday
- Hiking/Paddling clothes for Saturday and Sunday (*non-cotton synthetics encouraged*)
- Hiking/walking shoes and socks
- Bathing suit
- Warm layers (*evenings can be cool, especially for the out-of-camp groups*)
- Rain Jacket

## SLEEPING

- Sleeping bag (*for Saturday night*)
- Sleeping pad (*for Saturday night*)
- Pillow and pillowcase (*for Friday and Saturday night*)

## GEAR & OTHER

- Tent (*recommended, though a permanent shelter may be available depending on the trip*)
- Backpack (*40-60 liters recommended, duffel is ok for Back Forty groups*)
- Headlamp
- 2 refillable water bottles
- Shatter resistant bowl and spoon
- Sunscreen and toiletries
- 1-2 towels for showers at camp and for lake/river swimming

## OPTIONAL EXTRAS:

- Sun hoodie or sun-protecting layer
- Sunglasses
- Hat
- Lightweight, compact camping chair for out-of-camp trips
- Coleman-style camping chair for Back Forty trips
- Insulated mug for coffee or tea
- Insect repellent
- Book or cards for downtime/rest hour

## PADDLING-SPECIFIC GEAR (RIVER TRIPS ONLY)

- River shoes