



FRIDAY



- | | |
|--------------------|--|
| 2:00-3:00pm | Arrival & check in |
| 2:00-4:00pm | Settle in and join us for a Rec-Swim with refreshments |
| 4:00-5:00pm | Weekend activity sign-ups (*instruction and guidance will be available in most activity areas) |
| 5:00-6:00pm | Hors d'oeuvres and drinks at the Dining Hall (BYOB) |
| 6:00-7:00pm | Dinner |
| 7:30-8:30pm | Campfire |
| 9:00pm | Bunk time and quiet games |



FRIDAY

SATURDAY

6:30-8:30am Fitness Center open-use

7:30-8:30am Instructor-led: fitness, yoga & spinning class

8:00am Tea & coffee available in the dining hall

8:30am Wake Up

8:45am Breakfast

9:30-10:30am Archery, basketball, creative arts, fitness, paddleboarding, ropes/wall, instructor-led spinning, swimming, tennis, volleyball, waterskiing & yoga

11:00-12:00pm Archery, basketball, creative arts, fitness, paddleboarding, ropes/wall, spinning, swimming, tennis, volleyball, waterskiing & yoga

12:30pm Cookout Lunch

2:00-3:00pm Archery, basketball, creative arts, fitness, paddleboarding, ropes/wall, spinning, swimming, tennis, volleyball, waterskiing & yoga

3:30-4:30pm Archery, basketball, creative arts, fitness, paddleboarding, ropes/wall, spinning, swimming, tennis, volleyball, waterskiing & yoga

5:00-6:00pm Hors d'oeuvres and drinks at the Dining Hall (BYOB)

6:00-7:00pm Dinner

7:30-9:00pm Family trivia quiz, All-camp Movie & board games



SATURDAY

SUNDAY

6:30-8:30am Fitness Center open-use

7:30-8:30am Instructor-led: fitness, yoga & spinning class

8:00am Tea & coffee available in the dining hall

9:45am Wake Up

10:00am Sunday Brunch

11:00-12:00pm Archery, basketball, creative arts, fitness, paddleboarding, ropes/wall, spinning, swimming, tennis, volleyball, & waterskiing

12:30pm Check out



SUNDAY