

Elmwood Eatery 2025

Monday, June 30th Ⓢ Baked Chicken Fingers Ⓢ Eggplant & Veggie Sandwich Ⓢ Steamed Broccoli	Tuesday, July 1st Ⓢ Grilled Cheese Ⓢ Roasted Carrots 	Wednesday, July 2nd Ⓢ Stuffed Rigatoni with Tomato Sauce Ⓢ Pasta with Butter Ⓢ Roasted Cauliflower	Thursday, July 3rd Ⓢ Elmwood's Famous Pizza Ⓢ Fresh Tossed Caesar Salad 	Friday, July 4th Camp Closed
Monday, July 7th Ⓢ Baked Chicken Cutlet Sandwich Ⓢ Eggplant & Veggie Sandwich Ⓢ Steamed Broccoli	Tuesday, July 8th Ⓢ Cheddar Quesadilla with Toppings Ⓢ Rice & Beans Ⓢ Roasted Carrots	Wednesday, July 9th Ⓢ Turkey Meatballs Ⓢ Pasta with Tomato Sauce Ⓢ Pasta with Butter Ⓢ Roasted Cauliflower	Thursday, July 10th Ⓢ Elmwood's Famous Pizza Ⓢ Fresh Tossed Caesar Salad 	Friday, July 11th BBQ Day Ⓢ Hamburgers Ⓢ Turkey Burgers Ⓢ Veggie Burgers Ⓢ Hot Dogs Ⓢ Baked Chips 
Monday, July 14th Ⓢ Baked Chicken Fingers Ⓢ Eggplant & Veggie Sandwich Ⓢ Steamed Broccoli 	Tuesday, July 15th Ⓢ Turkey or Bean Tacos with Toppings Ⓢ Rice & Beans Ⓢ Roasted Carrots 	Wednesday, July 16th Ⓢ Homemade Macaroni & Cheese Ⓢ Pasta with Butter Ⓢ Roasted Cauliflower	Thursday, July 17th Ⓢ Elmwood's Famous Pizza Ⓢ Fresh Tossed Caesar Salad	Friday, July 18th BBQ Day Ⓢ Hamburgers Ⓢ Turkey Burgers Ⓢ Veggie Burgers Ⓢ Hot Dogs Ⓢ Baked Chips 
Monday, July 21st Ⓢ Baked Chicken Cutlet Sandwich Ⓢ Eggplant & Veggie Sandwich Ⓢ Steamed Broccoli	Tuesday, July 22nd Ⓢ Grilled Cheese Ⓢ Roasted Carrots 	Wednesday, July 23rd Ⓢ Stuffed Rigatoni with Tomato Sauce Ⓢ Pasta with Butter Ⓢ Roasted Cauliflower	Thursday, July 24th Ⓢ Elmwood's Famous Pizza Ⓢ Fresh Tossed Caesar Salad	Friday, July 25th BBQ Day Ⓢ Hamburgers Ⓢ Turkey Burgers Ⓢ Veggie Burgers Ⓢ Hot Dogs Ⓢ Baked Chips 

Daily Salad, Veggies & Fruit

Fresh Veggies: mixed greens, cucumber rounds, carrot sticks, grape tomatoes, sugar snap peas, chickpeas and black olives.

Toppings: hard boiled eggs, grilled chicken, pasta salad and string bean salad.

Fresh fruit of the day: watermelon, plums, peaches, apples, cantaloupe, honeydew or bananas.

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Food Facts

Elmwood is a peanut & tree-nut free camp.
 There is a wide variety of gluten-free options everyday.
 All bread products are whole wheat.
 Please contact Hillari about any allergies or concerns.

Daily Alternative Options

Organic yogurt
 Bagels with cream cheese or butter
 Cheddar cheese sandwiches
 Turkey or turkey and cheese sandwiches
 Salami sandwiches
 Sunflower butter and jelly sandwiches



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Monday, July 28th Ⓢ Baked Chicken Fingers Ⓢ Eggplant & Veggie Sandwich Ⓢ Steamed Broccoli	Tuesday, July 29th Ⓢ Cheddar Quesadilla with Toppings Ⓢ Rice & Beans Ⓢ Roasted Carrots	Wednesday, July 30th Ⓢ Turkey Meatballs Ⓢ Pasta with Tomato Sauce Ⓢ Pasta with Butter Ⓢ Roasted Cauliflower	Thursday, July 31st Ⓢ Elmwood's Famous Pizza Ⓢ Fresh Tossed Caesar Salad	Friday, August 1st BBQ Day Ⓢ Hamburgers Ⓢ Turkey Burgers Ⓢ Veggie Burgers Ⓢ Hot Dogs Ⓢ Baked Chips
Monday, August 4th Ⓢ Baked Chicken Cutlet Sandwich Ⓢ Eggplant & Veggie Sandwich Ⓢ Steamed Broccoli	Tuesday, August 5th Ⓢ Turkey or Bean Tacos with Toppings Ⓢ Rice & Beans Ⓢ Roasted Carrots	Wednesday, August 6th Ⓢ Homemade Macaroni & Cheese Ⓢ Pasta with Butter Ⓢ Roasted Cauliflower	Thursday, August 7th Ⓢ Elmwood's Famous Pizza Ⓢ Fresh Tossed Caesar Salad	Friday, August 8th BBQ Day Ⓢ Hamburgers Ⓢ Turkey Burgers Ⓢ Veggie Burgers Ⓢ Hot Dogs Ⓢ Baked Chips
Monday, August 11th Ⓢ Baked Chicken Fingers Ⓢ Eggplant & Veggie Sandwich Ⓢ Steamed Broccoli	Tuesday, August 12th Ⓢ Grilled Cheese Ⓢ Roasted Carrots	Wednesday, August 13th Ⓢ Stuffed Rigatoni with Tomato Sauce Ⓢ Pasta with Butter Ⓢ Roasted Cauliflower	Thursday, August 14th Ⓢ Elmwood's Famous Pizza Ⓢ Fresh Tossed Caesar Salad	Friday, August 15th BBQ Day Ⓢ Hamburgers Ⓢ Turkey Burgers Ⓢ Veggie Burgers Ⓢ Hot Dogs Ⓢ Baked Chips
Monday, August 18th Ⓢ Baked Chicken Cutlet Sandwich Ⓢ Eggplant & Veggie Sandwich Ⓢ Steamed Broccoli	Tuesday, August 19th Ⓢ Cheddar Quesadilla with Toppings Ⓢ Rice & Beans Ⓢ Roasted Carrots	Wednesday, August 20th Ⓢ Elmwood's Famous Pizza Ⓢ Fresh Tossed Caesar Salad	Thursday, August 21st BBQ Day Ⓢ Hamburgers Ⓢ Turkey Burgers Ⓢ Veggie Burgers Ⓢ Hot Dogs Ⓢ Baked Chips	See You Next Summer!

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