



# Elmwood Eatery 2026

<b>Monday, June 29th</b> ☺ Baked Chicken Fingers ☺ Eggplant & Veggie Sandwich ☺ Steamed Broccoli	<b>Tuesday, June 30th</b> ☺ Grilled Cheese ☺ Roasted String Beans 	<b>Wednesday, July 1st</b> ☺ Stuffed Rigatoni with Tomato Sauce ☺ Pasta with Butter ☺ Roasted Cauliflower	<b>Thursday, July 2nd</b> ☺ Elmwood's Famous Pizza ☺ Fresh Tossed Caesar Salad 	<b>Friday, July 3rd</b> <h2 style="text-align: center;">Camp Closed</h2>
<b>Monday, July 6th</b> ☺ Baked Chicken Cutlet Sandwich ☺ Eggplant & Veggie Sandwich ☺ Steamed Broccoli	<b>Tuesday, July 7th</b> ☺ Cheddar Quesadilla with Toppings ☺ Rice & Beans	<b>Wednesday, July 8th</b> ☺ Turkey Meatballs ☺ Pasta with Tomato Sauce ☺ Pasta with Butter ☺ Roasted Cauliflower	<b>Thursday, July 9th</b> ☺ Elmwood's Famous Pizza ☺ Fresh Tossed Caesar Salad 	<b>Friday, July 10th</b> <h3 style="text-align: center;">BBQ Day</h3> ☺ Hamburgers ☺ Turkey Burgers ☺ Veggie Burgers ☺ Hot Dogs ☺ Baked Chips 
<b>Monday, July 13th</b> ☺ Baked Chicken Fingers ☺ Eggplant & Veggie Sandwich ☺ Steamed Broccoli 	<b>Tuesday, July 14th</b> ☺ Turkey or Bean Tacos with Toppings ☺ Rice & Beans 	<b>Wednesday, July 15th</b> ☺ Homemade Macaroni & Cheese ☺ Pasta with Butter ☺ Roasted Cauliflower	<b>Thursday, July 16th</b> ☺ Elmwood's Famous Pizza ☺ Fresh Tossed Caesar Salad	<b>Friday, July 17th</b> <h3 style="text-align: center;">BBQ Day</h3> ☺ Hamburgers ☺ Turkey Burgers ☺ Veggie Burgers ☺ Hot Dogs ☺ Baked Chips 
<b>Monday, July 20th</b> ☺ Baked Chicken Cutlet Sandwich ☺ Eggplant & Veggie Sandwich ☺ Steamed Broccoli	<b>Tuesday, July 21st</b> ☺ Grilled Cheese ☺ Roasted String Beans 	<b>Wednesday, July 22nd</b> ☺ Stuffed Rigatoni with Tomato Sauce ☺ Pasta with Butter ☺ Roasted Cauliflower	<b>Thursday, July 23rd</b> ☺ Elmwood's Famous Pizza ☺ Fresh Tossed Caesar Salad	<b>Friday, July 24th</b> <h3 style="text-align: center;">BBQ Day</h3> ☺ Hamburgers ☺ Turkey Burgers ☺ Veggie Burgers ☺ Hot Dogs ☺ Baked Chips 

## Daily Salad, Veggies & Fruit

**Fresh Veggies:** mixed greens, cucumber rounds, carrot sticks, grape tomatoes, sugar snap peas, chickpeas and black olives.

**Toppings:** hard boiled eggs, grilled chicken, pasta salad and string bean salad.

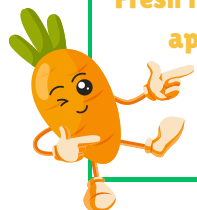
**Fresh fruit of the day:** watermelon, plums, peaches, apples, cantaloupe, honeydew or bananas.

## Food Facts

Elmwood is a peanut & tree-nut free camp.  
 There is a wide variety of gluten-free options everyday.  
 All bread products are whole wheat.  
 Please contact Hillari about any allergies or concerns.

## Daily Alternative Options

Organic yogurt  
 Bagels with cream cheese or butter  
 Cheddar cheese sandwiches  
 Turkey or turkey and cheese sandwiches  
 Salami sandwiches  
 Sunflower butter and jelly sandwiches



# Elmwood Eatery 2026

<b>Monday, July 27th</b> ☺ Baked Chicken Fingers ☺ Eggplant & Veggie Sandwich ☺ Steamed Broccoli	<b>Tuesday, July 28th</b> ☺ Cheddar Quesadilla with Toppings ☺ Rice & Beans	<b>Wednesday, July 29th</b> ☺ Turkey Meatballs ☺ Pasta with Tomato Sauce ☺ Pasta with Butter ☺ Roasted Cauliflower	<b>Thursday, July 30th</b> ☺ Elmwood's Famous Pizza ☺ Fresh Tossed Caesar Salad	<b>Friday, July 31st</b> <b>BBQ Day</b> ☺ Hamburgers ☺ Turkey Burgers ☺ Veggie Burgers ☺ Hot Dogs ☺ Baked Chips
<b>Monday, August 3rd</b> ☺ Baked Chicken Cutlet Sandwich ☺ Eggplant & Veggie Sandwich ☺ Steamed Broccoli	<b>Tuesday, August 4th</b> ☺ Turkey or Bean Tacos with Toppings ☺ Rice & Beans	<b>Wednesday, August 5th</b> ☺ Homemade Macaroni & Cheese ☺ Pasta with Butter ☺ Roasted Cauliflower	<b>Thursday, August 6th</b> ☺ Pizza Bagels ☺ Fresh Tossed Caesar Salad	<b>Friday, August 7th</b> <b>BBQ Day</b> ☺ Hamburgers ☺ Turkey Burgers ☺ Veggie Burgers ☺ Hot Dogs ☺ Baked Chips
<b>Monday, August 10th</b> ☺ Baked Chicken Fingers ☺ Eggplant & Veggie Sandwich ☺ Steamed Broccoli	<b>Tuesday, August 11th</b> ☺ Grilled Cheese ☺ Roasted String Beans	<b>Wednesday, August 12th</b> ☺ Stuffed Rigatoni with Tomato Sauce ☺ Pasta with Butter ☺ Roasted Cauliflower	<b>Thursday, August 13th</b> ☺ Elmwood's Famous Pizza ☺ Fresh Tossed Caesar Salad	<b>Friday, August 14th</b> <b>BBQ Day</b> ☺ Hamburgers ☺ Turkey Burgers ☺ Veggie Burgers ☺ Hot Dogs ☺ Baked Chips
<b>Monday, August 17th</b> ☺ Baked Chicken Cutlet Sandwich ☺ Eggplant & Veggie Sandwich ☺ Steamed Broccoli	<b>Tuesday, August 18th</b> ☺ Cheddar Quesadilla with Toppings ☺ Rice & Beans	<b>Wednesday, August 19th</b> ☺ Elmwood's Famous Pizza ☺ Fresh Tossed Caesar Salad	<b>Thursday, August 20th</b> <b>BBQ Day</b> ☺ Hamburgers ☺ Turkey Burgers ☺ Veggie Burgers ☺ Hot Dogs ☺ Baked Chips	See You Next Summer!

## Daily Salad, Veggies & Fruit

**Fresh Veggies:** mixed greens, cucumber rounds, carrot sticks, grape tomatoes, sugar snap peas, chickpeas and black olives.

**Toppings:** hard boiled eggs, grilled chicken, pasta salad and string bean salad.

**Fresh fruit of the day:** watermelon, plums, peaches, apples, cantaloupe, honeydew or bananas.

## Food Facts

Elmwood is a peanut & tree-nut free camp.  
 There is a wide variety of gluten-free options everyday.  
 All bread products are whole wheat.  
 Please contact Hillari about any allergies or concerns.

## Daily Alternative Options

Organic yogurt  
 Bagels with cream cheese or butter  
 Cheddar cheese sandwiches  
 Turkey or turkey and cheese sandwiches  
 Salami sandwiches  
 Sunflower butter sandwiches