



### Information for Parents

Camp Mishawaka has partnered with Thrifty White Pharmacy in Grand Rapids to ensure camper medications are administered safely and effectively.

**First:** All medications - prescribed and over-the-counter, vitamins and supplements - should be listed on your camper's health form in your CampInTouch account with clear dosing instructions, including time of day.

**Next:** 1-2 months prior to your camper's session start date, your child's physician will need to write a new prescription for 30 days (60 days for 6 & 8 week campers ) for any **daily & oral** medications, **including over-the-counter and supplements**. Exceptions: Epi-pens, inhalers, lotions or creams and medications taken "as-needed". International families are also exempt.

Thrifty White is able to bill most insurance plans. You will be responsible to pay for the copay, deductible or full amount if not covered by your insurance. Prescription and medication costs incurred by Camp Mishawaka will be added to your child's CampInTouch account and billed using the default billing account.

**Thrifty White Pharmacy, Store 728**  
Phone: 218-326-9431  
Email: p728@thriftywhite.com

### Information for Physicians

- Verify with the patient's parent the dosing - including time of day and any other instructions - for the Camp nurse for any oral medications. Including prescription **AND** OTC, vitamins and supplements.
- Verify the medication is covered by your patient's health care plan or if it will require a prior authorization.
- Verify medication name, formulation, strength, directions, quantity, and refills are complete.
- Verify all prescriptions for diabetic supplies are coordinated and provide specific brand and directions (i.e. maximum times a patient is to test daily )

**Exceptions:** Epi-pens, inhalers, lotions or creams and medications taken "as-needed" (ie migraine or motion sickness medication )

#### How to submit a prescription to Thrifty White Pharmacy

- Use ePrescribe - Add the Thrifty White Pharmacy profile to your electronic medical record (EMR ) system
- Call 1-218-326-9431 - Provide a verbal prescription directly to a dedicated pharmacist
- Fax 1-800-491-7997 - Send a complete prescription using the Physician Fax Form

**Thrifty White Pharmacy, Store 728**  
1105 S Pokegama Ave  
Grand Rapids, MN 55744  
Phone: 218-326-9431

Camper's Name: \_\_\_\_\_

Session Dates (parent, circle the session dates and share this with your child's physician )

Two Weeks	Four Weeks	Six Weeks	Eight Weeks	Other
06/14 to 06/27	06/14 to 07/10	06/14 to 07/25	06/14 to 08/07	_____
07/12 to 07/25	07/12 to 08/07	06/27 to 08/07		
07/25 to 08/07				