



1ST SESSION MENU

(JULY 2—JULY 27)

All meals are served with whole wheat and white bread;
milk and chocolate milk

Soy butter, jelly, turkey, tuna, cheese,
and cream cheese are always available



No artificial/trans fat ingredients used in any of our food items

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2  Chicken on a Bun Baked French Fries Tossed Salad Yogurt & Fresh Fruit	3  U.S.A. Day Mac & Cheese Carrot & Celery Sticks Yogurt & Fresh Fruit	 July 4th NO Camp (Swim Club Open Noon—5pm)	5  Tuna Salad Cold Cuts Pickles Potato Chips Veggie Sticks Yogurt & Fresh Fruit	6  Pizza Caesar Salad Yogurt & Fresh Fruit
	9  Penne with Meat Sauce Caesar Salad Yogurt & Fresh Fruit	10  Cheese Quesadillas Tossed Salad Yogurt & Fresh Fruit	11  Picture Day Tuna Salad Cold Cuts Pickles Potato Chips Tossed Salad Yogurt & Fresh Fruit	12  Luau/Hawaiian Day Chicken Nuggets Sweet & Sour Sauce Mashed Potatoes Carrot & Celery Sticks Golden Corn Niblets Yogurt & Fresh Fruit	13  Pizza Tossed Salad Yogurt & Fresh Fruit
3	16 "Breakfast For Lunch" French Toast Sticks Maple Syrup Turkey Sausage Patties Hash Browns Applesauce & Yogurt	17  Meatball Heroes Tossed Salad Yogurt & Fresh Fruit	18  Tacos Fiesta Salad Yogurt & Fresh Fruit	19  Mac & Cheese Carrot & Celery Sticks Muffin Cake Yogurt & Fresh Fruit	20 Sports Team Day Patriots Pizza Celtics Caesar Salad Yankees Yogurt Flyers Fresh Fruit
	23  Penne with Meat Sauce Tossed Salad Garlic Bread Yogurt & Fresh Fruit	24  Tacos Fiesta Salad Yogurt & Fresh Fruit	25 Crazy Hat Day Chicken Teriyaki Rice Carrot & Celery Sticks Yogurt & Fresh Fruit	26  Mac & Cheese Tossed Salad Yogurt & Fresh Fruit Theme Night Hot Dogs, Baked Beans, Cole Slaw, Watermelon, Lemonade	27  Pizza Tossed Salad Yogurt & Fresh Fruit Special Refreshments!



2ND SESSION MENU



















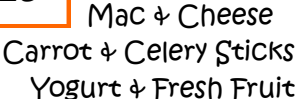
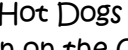
(JULY 30—AUGUST 24)

All meals are served with whole wheat and white bread;
milk and chocolate milk

Soy butter, jelly, turkey, tuna, cheese,
and Cream Cheese are always available



No artificial/trans fat ingredients used in any of our food items

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5	30  Chicken on a Bun Baked French Fries Tossed Salad Yogurt & Fresh Fruit	31 Wild West Day  Rodeo Ravioli Texas Tossed Salad Giddy-up Garlic Bread Yee-ha Yogurt & Fresh Fruit	1  Tuna Salad Cold Cuts Pickles Potato Chips Veggie Sticks Yogurt & Fresh Fruit	2  Mac & Cheese Carrot & Celery Sticks Yogurt & Fresh Fruit	3  Pizza Caesar Salad Yogurt & Fresh Fruit
	6  Penne with Meat Sauce Caesar Salad Yogurt & Fresh Fruit	7 Halloween Day  Chilling Chicken Nuggets Spooky Sweet & Sour Sauce Monster Mashed Potatoes Creaky Carrot & Celery Sticks Yikes Yogurt Frightening Fresh Fruit	8 Picture Day  Meatball Heroes Caesar Salad Yogurt & Fresh Fruit	9  Tuna Salad Cold Cuts Pickles Potato Chips Tossed Salad Yogurt & Fresh Fruit	10  Pizza Tossed Salad Yogurt & Fresh Fruit
7	13 "Breakfast For Lunch"  French Toast Sticks Maple Syrup Turkey Sausage Patties Hash Browns Applesauce & Yogurt	14  Grilled Cheese Tossed Salad Yogurt & Fresh Fruit	15  Tacos Fiesta Salad Yogurt & Fresh Fruit	16 Tie Dye Day  Chicken on a Bun Carrot & Celery Sticks Golden Corn Niblets Yogurt & Fresh Fruit	17 Talent Show  Pizza Tossed Salad Yogurt & Fresh Fruit
	8 School Spirit T-Shirt Day  Meatball Heroes Tossed Salad Yogurt & Fresh Fruit	21  Chicken Nuggets Rice Tossed Salad Yogurt & Fresh Fruit	22 CARNIVAL  Pizza Caesar Salad Yogurt & Fresh Fruit Lemonade & Ice Cream Sandwiches	23 Field Day  Mac & Cheese Carrot & Celery Sticks Yogurt & Fresh Fruit Special Refreshments!	24 Deerkill Dance / DKDC Awards  Hot Dogs Corn on the Cob Cole Slaw Yogurt & Fresh Fruit Donuts