

## 1ST SESSION MENU 2023

Everyday Items: Turkey, Tuna Tossed Salad, Soy Butter, Jelly, Mild Cheddar Cheese, Cream Cheese, Wheat Bread, Gluten-Free Bread, Plain and Chocolate Milk

Nut-Free, No MSG, No Trans Fats

(JUNE 26 - JULY 21)

Gluten-Free & Vegetarian Options Always Available

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Chicken on a Bun Tater Tots Tossed Salad Yogurt & Fresh Fruit	Mac & Cheese Fresh Veggie Sticks Yogurt & Fresh Fruit	Turkey Meatball Heroes Tossed Salad Yogurt & Fresh Fruit	Chicken Tenders Rice Fresh Veggie Sticks Yogurt & Fresh Fruit	U.S.A. Day  Pizza  Tossed Salad  Yogurt & Fresh Fruit
2	Chicken Nuggets Corn Tossed Salad Yogurt & Fresh Fruit	NO Camp  Swim Club Open Noon—5pm	Freakfast For Lunch" French Toast Syrup Hard Boiled Eggs Hash Browns Applesauce & Yogurt	BBQ Chicken Rice Fresh Veggie Sticks Yogurt & Fresh Fruit	Silly Socks Day  Pizza  Tossed Salad  Yogurt & Fresh Fruit
3	Chicken Tenders Tater Tots Tossed Salad Yogurt & Fresh Fruit	Mac & Cheese Fresh Veggie Sticks Yogurt & Fresh Fruit	Turkey Meatball Heroes Tossed Salad Yogurt & Fresh Fruit	Beef Tacos Shredded Cheese Lettuce Salsa Yogurt & Fresh Fruit	Pizza Tossed Salad Yogurt & Fresh Fruit
4	Chicken Nuggets Corn Tossed Salad Yogurt & Fresh Fruit	Baked Ziti Fresh Veggie Sticks Yogurt & Fresh Fruit	"Breakfast For Lunch" French Toast Syrup Hard Boiled Eggs Hash Browns Applesauce & Yogurt	Pizza Tossed Salad Yogurt & Fresh Fruit  Theme Night Beef Hot Dogs, Veggie Burgers, Baked Beans, Pasta Salad, Watermelon, Lemonade	School Spirit T-Shirt Day  BBQ Chicken Rice Fresh Veggie Sticks Yogurt & Fresh Fruit  Special Refreshments!



## 2ND SESSION MENU 2023

Everyday Items: Turkey, Tuna Tossed Salad, Soy Butter, Jelly, Mild Cheddar Cheese, Cream Cheese, Wheat Bread, Gluten-Free Bread, Plain and Chocolate Milk

Nut-Free, No MSG, No Trans Fats

(JULY 24 - AUGUST 18)

Gluten-Free & Vegetarian Options Always Available

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5	Chicken on a Bun Tater Tots Tossed Salad Yogurt & Fresh Fruit	Mac & Cheese Fresh Veggie Sticks Yogurt & Fresh Fruit	Turkey Meatball Heroes Tossed Salad Yogurt & Fresh Fruit	Beef Tacos Shredded Cheese Lettuce Salsa Yogurt & Fresh Fruit	Pizza Tossed Salad Yogurt & Fresh Fruit
6	Chicken Nuggets Corn Tossed Salad Yogurt & Fresh Fruit	Baked Ziti Fresh Veggie Sticks Yogurt & Fresh Fruit	Picture Day  "Breakfast For Lunch"  French Toast  Syrup  Hard Boiled Eggs  Hash Browns  Applesauce & Yogurt	BBQ Chicken Rice Fresh Veggie Sticks Yogurt & Fresh Fruit	Sports Team Day  Pizza  Tossed Salad  Yogurt & Fresh Fruit
7	Chicken Tenders Tater Tots Tossed Salad Yogurt & Fresh Fruit	Mac & Cheese Fresh Veggie Sticks Yogurt & Fresh Fruit	Turkey Meatball Heroes Tossed Salad Yogurt & Fresh Fruit	Beef Tacos Shredded Cheese Lettuce Salsa Yogurt & Fresh Fruit	Tie Dye Day  Pizza  Tossed Salad  Yogurt & Fresh Fruit
8	Chicken Nuggets Corn Tossed Salad Yogurt & Fresh Fruit	"Breakfast For Lunch" French Toast Syrup Hard Boiled Eggs Hash Browns Applesauce & Yogurt	Pizza Tossed Salad Yogurt & Fresh Fruit  Lemonade	BBQ Chicken Rice Fresh Veggie Sticks Yogurt & Fresh Fruit Special Refreshments!	Beef Hot Dogs Veggie Burgers Corn on the Cob Pasta Salad Yogurt Lemonade Watermelon