



Upper Camp - Quest

Sample Schedule

(Entering 6th to 9th Grade)

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------------|---|--------------------------------|--------------------------------|--------------------------------|-----------------------------|
| | 9:10 Daily Dish | | | | |
| 1st 9:20 | Basketball | Gaga | Dodgeball | Soccer | Softball |
| 2nd 10:00 | Swim Instruction | Swim Instruction | Swim Instruction | Swim Instruction | Swim Instruction |
| 3rd 10:40 | Archery/ Pedal Carts | Playdeck | Dance | Taste Buds | Music |
| 4th 11:20 | Hockey/ Euro Handball | Pickleball | Tennis | Basketball | Flag Football |
| 12:00 | LUNCH | | | | |
| 5th 12:30 | Daily Club Elective | Daily Club Elective | Daily Club Elective | Daily Club Elective | Intra Camp Games |
| 6th 1:10 | Tech Lab | Gymnastics | Adventure Course | Yoga | Street Games |
| 7th 1:50 | Weekly Quest Elective | | | | |
| 8th 2:30 | <i>Adventure Course, Archery, Arts & Crafts, Basketball, Ceramics, Movie Making, Photography, Soccer, Softball, Tech Lab, Theater Arts, and Woodworking</i> | | | | |
| | Refreshments | | | | |
| 9th 3:10 | Free Swim | Free Swim | Free Swim | Free Swim | Free Swim |
| | 3:50 Afternoon Assembly | | | | |