1ST SESSION MENU 2026

(JUNE 29 - JULY 24)

Everyday Items: Turkey, Tuna Tossed Salad, Soy Butter, Jelly, Mild Cheddar Cheese, Cream Cheese, Wheat Bread, Gluten-Free Bread, Plain and Chocolate Milk

Hot Vegetarian Options (GF available too)

Nut-Free, No MSG, No Trans Fats

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	**29**  Chicken Tenders Veggie Tenders Tater Tots Tossed Salad Yogurt & Fresh Fruit	**30**  Meatball Heroes Vegetable Lasagna Fresh Veggie Sticks Yogurt & Fresh Fruit	**1**  "Breakfast For Lunch" French Toast Syrup Hard Boiled Eggs Hash Browns Applesauce & Yogurt	**2**  Pizza Tossed Salad Yogurt & Fresh Fruit	**3**  NO Camp Swim Club Open Noon—5pm
2	**6**  Chicken Nuggets Veggie Nuggets Corn Tossed Salad Yogurt & Fresh Fruit	**7**  Mac & Cheese Fresh Veggie Sticks Yogurt & Fresh Fruit	**8**  Beef Tacos Rice & Beans Shredded Cheese Lettuce Salsa Yogurt & Fresh Fruit	**9**  Penne Pesto w/ Chicken Ravioli Fresh Veggie Sticks Yogurt & Fresh Fruit	**10**  Pizza Tossed Salad Yogurt & Fresh Fruit
3	**13**  Chicken Tenders Veggie Tenders Tater Tots Tossed Salad Yogurt & Fresh Fruit	**14**  Penne w/ Meat Sauce Vegetable Lasagna Fresh Veggie Sticks Yogurt & Fresh Fruit	**15**  "Breakfast For Lunch" French Toast Syrup Hard Boiled Eggs Hash Browns Applesauce & Yogurt	**16**  BBQ Chicken Veggie Burger Rice Fresh Veggie Sticks Yogurt & Fresh Fruit	**17**  Pizza Tossed Salad Yogurt & Fresh Fruit
4	**20**  Chicken Nuggets Veggie Nuggets Corn Tossed Salad Yogurt & Fresh Fruit	**21**  Mac & Cheese Fresh Veggie Sticks Yogurt & Fresh Fruit	**22**  Beef Tacos Rice & Beans Shredded Cheese Lettuce Salsa Yogurt & Fresh Fruit	**23** Pizza Tossed Salad Yogurt & Fresh Fruit Theme Night Beef Hot Dogs, Veggie Burgers, Chips, Pasta Salad, Watermelon, Lemonade	**24**  Penne Pesto w/ Chicken Ravioli Fresh Veggie Sticks Yogurt & Fresh Fruit Special Refreshments!

2ND SESSION MENU 2026

(JULY 27 - AUGUST 20)

Everyday Items: Turkey, Tuna Tossed Salad, Soy Butter, Jelly, Mild Cheddar Cheese, Cream Cheese, Wheat Bread, Gluten-Free Bread, Plain and Chocolate Milk

Hot Vegetarian Options (GF available too)

Nut-Free, No MSG, No Trans Fats

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5	**27**  Chicken Tenders **Veggie Tenders** Tater Tots Tossed Salad Yogurt & Fresh Fruit	**28**  Meatball Heroes **Vegetable Lasagna** Fresh Veggie Sticks Yogurt & Fresh Fruit	**29**  **"Breakfast For Lunch"** French Toast Syrup Hard Boiled Eggs Hash Browns Applesauce & Yogurt	**30**  BBQ Chicken **Veggie Burger** Rice Fresh Veggie Sticks Yogurt & Fresh Fruit	**31**  Pizza Tossed Salad Yogurt & Fresh Fruit
6	**3**  Chicken Nuggets **Veggie Nuggets** Corn Tossed Salad Yogurt & Fresh Fruit	**4**  Mac & Cheese Fresh Veggie Sticks Yogurt & Fresh Fruit	**5**  Beef Tacos **Rice & Beans** Shredded Cheese Lettuce Salsa Yogurt & Fresh Fruit	**6**  Penne Pesto w/ Chicken **Ravioli** Fresh Veggie Sticks Yogurt & Fresh Fruit	**7**  Pizza Tossed Salad Yogurt & Fresh Fruit
7	**10**  Chicken Tenders **Veggie Tenders** Tater Tots Tossed Salad Yogurt & Fresh Fruit	**11**  Penne w/ Meat Sauce **Vegetable Lasagna** Fresh Veggie Sticks Yogurt & Fresh Fruit	**12**  **"Breakfast For Lunch"** French Toast Syrup Hard Boiled Eggs Hash Browns Applesauce & Yogurt	**13** Pizza Tossed Salad Yogurt & Fresh Fruit **Talent Show / Late Night** Beef Hot Dogs, **Veggie Burgers** Corn on the Cob Pasta Salad Watermelon, Lemonade	**14**  BBQ Chicken **Veggie Nuggets** Rice Fresh Veggie Sticks Yogurt & Fresh Fruit
8	**17**  Chicken Nuggets **Veggie Nuggets** Corn Tossed Salad Yogurt & Fresh Fruit	**18**  Mac & Cheese Fresh Veggie Sticks Yogurt & Fresh Fruit	**19**  Beef Tacos **Rice & Beans** Shredded Cheese Lettuce Salsa Yogurt & Fresh Fruit	**20**  Pizza Tossed Salad Yogurt & Fresh Fruit **Special Refreshments!**	**See you in 2027!**