



"Behold, how good and how pleasant it is for brothers to dwell together in unity." PSALM 133:1



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Accredited by the American Camp Association



Falling Creek Camp

F O R B O Y S



From the start, community at Falling Creek begins in each cabin group, where campers and staff learn about each other and make friends.

Cover: After morning watch, campers and counselors walk to Blake Dining Hall for a hearty breakfast.

OUR MISSION

is to provide a setting, a program, and dedicated leadership to allow our boys a maximum opportunity for personal growth and fun as they develop an understanding of their relationships with nature, their fellow man, and God.

Welcome to Falling Creek

Nestled in a peaceful mountaintop cove in the Blue Ridge Mountains of North Carolina, Falling Creek is surrounded by lush forest and beautiful wilderness. It's an ideal setting with fresh, cool nights and warm days. Embracing traditional Christian values, Falling

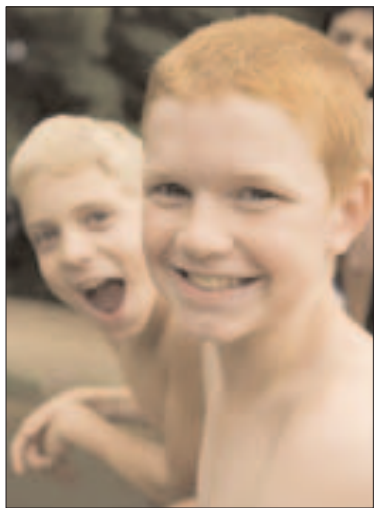
Creek welcomes all campers and strives to nurture spiritual growth in a relaxed setting. Summer camp also offers a unique opportunity for physical and social growth. We encourage develop-



ment in these areas by providing sound leadership and a variety of enriching experiences. It's our hope that campers realize their strengths, as they relate to others and the world around them.

DAILY SCHEDULE

7:30 AM	WAKE UP
8:00	MORNING WATCH
8:20	BREAKFAST/MORNING ASSEMBLY
9:20-10:10	FIRST ACTIVITY SESSION
10:15-11:05	SECOND ACTIVITY SESSION
11:10-12:00	THIRD ACTIVITY SESSION
12:00 PM	FREE SWIM/FREE ACTIVITIES
1:00-3:00	LUNCH/REST PERIOD
3:00-3:50	FOURTH ACTIVITY SESSION
3:55-4:45	FIFTH ACTIVITY SESSION
4:50-5:40	SIXTH ACTIVITY SESSION
5:40	FREE SWIM/FREE ACTIVITIES
6:30	SUPPER
7:30	EVENING PROGRAM
9:00	CALL TO QUARTERS
9:30	LIGHTS OUT

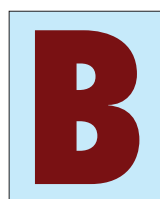


There's time built into the daily schedule for campers to relax and have fun with their camp buddies.

CAMP LIFE

"THIS PLACE DRAWS PEOPLE BACK" - **CHUCK McGRADY, DIRECTOR EMERITUS**

A community of fun



ackpacking trips into the mountains. Sleeping under the stars. Kayaking. Sailing. Tennis. Rock climbing.

Building friendships that last a lifetime.

Since 1969, Falling Creek has attracted campers from more than 30

states and several countries. Campers return year after year, and many become staff members. Falling Creek is an experience a boy carries with him for a lifetime.

Making Choices. "Boys at Falling Creek learn to make decisions for themselves. We view ourselves as an



and friendship

educational institution—a different kind of education than boys get during the rest of the year. It's developing self-worth, learning how to live with a group of people, how to see opportunities for growth and pursue them," says Donnie Bain, Director. "Although we recognize the importance of learning skills, the

value and character development that takes place at camp is ultimately the greatest benefit to each boy."

One of the first activities is an orientation tour of all the camp activities—from the riding stables to the rifle range; from canoeing to mountain biking. Campers then select six different activities to take part in on a daily basis.

With an extensive wilderness program, most Falling Creek campers eagerly take advantage of the variety of trips offered throughout the summer. The longest and most extensive trips are offered during the Main Session.

A dedicated and enthusiastic staff

is the heart of any camp program. Falling Creek counselors are carefully selected and come from all over the United States and several other countries. Each counselor is at least 19 years old and has completed at least one year of college. The average age of our counselors is 23, and about half return each summer.

Every camper lives in a cabin group with six other boys and one or two counselors. Falling Creek believes that having boys from different parts of the world living together in community fosters social maturity. Cabin groups go on overnight camping trips together at least once a week during each session.



Morning assembly is a fun way to start the day with songs and skits.

One of the most important parts of each boy's camp experience is making friends — many will be friends for life!

*"I go back because it's fun.
There are lots of opportuni-
ties here that you don't get
back home."*

BEN CUNNINGHAM
FORT WORTH, TEXAS

*"Last summer at the begin-
ning of camp, when my
parents were driving me up
Camp Road, I told my par-
ents 'I'm home!' That's what
camp really is to me — my
second home."*

ALEXANDER THOMAS
ATLANTA, GEORGIA



WATER

SWIMMING · THE BLOB · ROLLER COASTER · HIGH WIRE · SAILING · FISHING

Smiles on the water,

The Falling Creek waterfront is located in the center of camp on a private lake fed by mountain springs.

Docks with high and low diving boards are excellent instructional facilities for swimmers, from beginner to advanced.

All campers sign up for swimming until they show proficiency in four basic strokes, a ten-minute tread and float, and a five-minute continuous swim. Boys wishing to develop further skills may continue to take swimming classes, working on advanced swimming strokes, distance swimming, and lifesaving skills.

During free swims, boys can jump on the blob, slide into the water on the Roller Coaster or ride over the Upper Lake while holding onto the High Wire.

The Wind. Sailing is a great teacher of responsibility and respect for the elements. The Falling Creek sailing fleet is located 15 minutes from camp on Lake Summit, a mountain lake with 27 miles of shoreline.

Boys learn seamanship and sailing techniques so that they can meet almost any situation in and around boats with confidence. Campers start first on land with the basic points and

principles before sailing in instruction boats with members of the sailing staff. Campers then advance through the various boats requiring a minimal amount of skill to the more challenging boats.

Fishing. Fishing is offered as an instructional activity on our two lakes and nearby streams. Boys learn how to tie knots and how to fish with live bait and artificial lures.

Fly fishing is offered as a special sign-up activity.



in the water, and over it



The Blob: You have to see it to believe it. An inflated balloon floating in the Upper Lake, with one end below the diving tower. Boys jump! They bounce!

*"I came here because of my
brother, I came back because
of my brothers."*

MAX CRADDOCK
BIRMINGHAM, ALABAMA

*"If home is where the heart is,
Falling Creek is my home."*

HENRY FOAH
SANTA FE, NEW MEXICO



*Before a camper goes on a river
trip, he learns basic paddling
techniques and river safety. As
he gains practical experience,
there are more and more chal-
lenging rivers to test his skill.*

CANOE • KAYAKS

PADDLING TECHNIQUES • BUOY & SLALOM COURSE • RIVER READING

Paddling Whitewater

Falling Creek offers an outstanding canoeing program oriented towards single- and multi-day trips on exciting whitewater rivers, as well as peaceful mountain lakes.

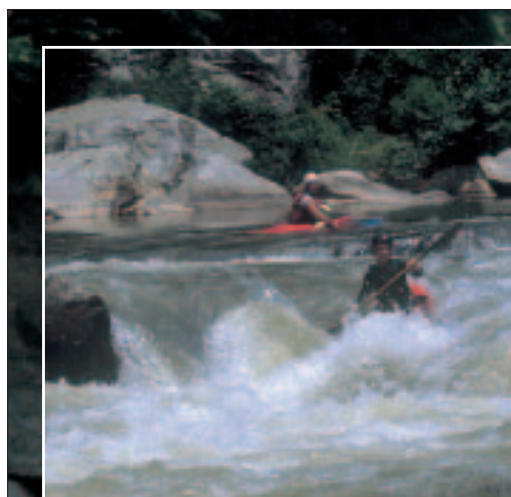
On the Lower Lake in the center of camp, boys learn correct paddling techniques. They learn to work with a partner in a tandem canoe and efficiently paddle through buoy and slalom courses.

Introductory trips on the Green and Tuckaseegee Rivers introduce campers to the basics of whitewater paddling and river reading, safety, and rescue.

Intermediate rivers, such as sections of the French Broad, Nantahala and Chattooga have faster currents and more obstacles to avoid. At this level, boys increase their river reading and judgement ability and learn such advanced techniques as "surfing."

At more advanced levels, boys will learn to paddle safely such challenging rivers as the Ocoee, Pigeon and New River Gorge. Usually, it takes a boy several summers to progress to these rivers.

Besides paddling whitewater rivers, boys also can take part in two- and three- day canoe camping trips on Lake Fontana and Lake Jocassee.



Rivers & Mountain Lakes



Once a boy has completed a prescribed sequence of rivers in a tandem canoe, he may continue his whitewater training in a solo canoe, C-1, or whitewater kayak.

"The reason I chose Falling Creek many years ago was because its activities are progressive. You want to find a camp that's a home for your boys so they can grow in ways they can't at home. I have two sons. The older one received his Eagle Scout badge this year, and a lot of it was his experience at Falling Creek."

SARAH THOMAS
(MOTHER OF ALEXANDER)
ATLANTA, GEORGIA



On our mountain bike challenge course, an instructor shows bikers how to negotiate the most common obstacles: fallen trees, rocks, and one's own fears.

BIKING

BIKE MAINTENANCE · TRAIL RIDES · OVERNIGHTS · CHALLENGE COURSE

Riding rough terrain



Mountain Biking is one of the fastest-growing activities at Falling Creek. Atop multi-speed mountain bikes, boys explore the varied terrain of the

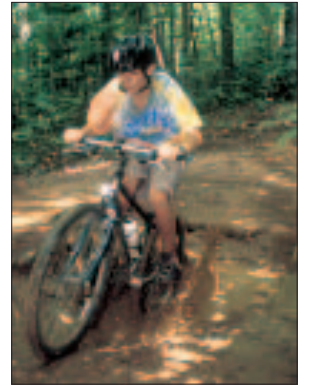


nearby mountains, with many campers working up to extended overnight trips in the Pisgah National Forest.

Our qualified instructors help boys make basic safety checks on every ride. Boys go through a mountain-bike prep course before beginning our program, so that we are comfortable with their safety and ability in riding our mountain bikes. Once they have completed the prep course, boys spend time on our challenge course where they practice dealing with obstacles they may encounter on trail rides. Following the challenge course, boys can begin trail rides around our camp property and progress to longer and more difficult trips in the Pisgah Forest and the Tsali area.



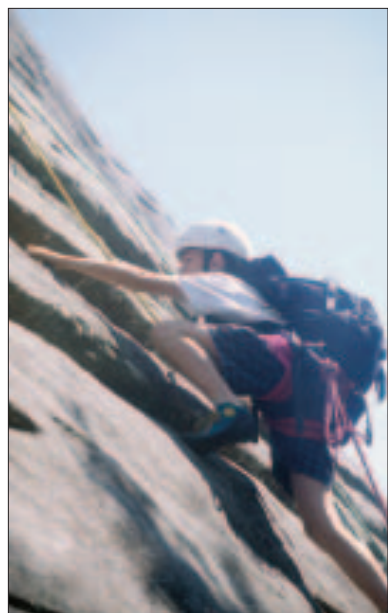
and mountain trails



MOUNTAINEERING

HIKING · BACKPACKING · ROCK-CLIMBING

Adventure, independent



"Coming from New Orleans, climbing a rock, not to mention seeing a rock, was unbelievable. When I finally got the courage to sign up for rock climbing, I struggled all the way up my first climb.- Climbing brings out the best in me—my passion for conquering challenges."

PATRICK GILLIN
METAIRIE, LOUISIANA



The Mountaineering Staff specializes in leading Backpacking and Rock Climbing trips through some of the most beautiful wilderness areas in the Southeast, including the Joyce Kilmer/Slickrock Wilderness Area, the Pisgah National Forest*, the Nantahala National Forest, Linville Gorge, and Jocassee Gorges.

Mountaineering counselors are experienced outdoorsmen, free from cabin responsibilities, who devote their full attention to planning, packing and leading trips. Our trips range from small overnights on camp property to 6-day trips along the Appalachian Trail and Mt. Rogers.

Two counselors are always present for all overnight trips, and campers quickly develop an understanding of the woods and an ability to camp and hike safely.

In the course of a typical week, five or six trips might leave camp---each designed to meet the needs of different ages and skill levels. All boys, regardless of age, are encouraged to participate in the fun and adventure of wilderness camping.

Rock-Climbing. The most important feature of the Falling Creek Rock Climbing Program is our emphasis on safety.

Boys begin by learning basic terminology and rope-handling techniques. After they master these skills on the ground, they are allowed to start climbing on our climbing wall.

Once a boy proves he understands the fundamentals of climbing and group cooperation,

he is invited to continue with more difficult multi-pitch climbs.

Falling Creek utilizes some of the best climbing areas in North Carolina, including Looking Glass Rock, Linville Gorge, Cedar Rock and Table Rock.



The climbing wall challenges boys at all ability levels.

ence, and self-reliance



The first lesson of rock climbing: how to tie the climbing rope into your harness using a Figure-8 knot.



Caring for the Environment

A strong element of Falling Creek's philosophy involves teaching boys to minimize their impact on the wilderness through the principles of Leave No Trace camping. Campers are taught to appreciate the outdoors and to leave a campsite exactly as they found it.

"One of the most important lessons we can teach is to respect the environment," says Chuck McGrady, Director Emeritus and former National President of the Sierra Club.

*Operations on National Forest System lands are authorized under Special Use Permit by the Pisgah National Forest.



Archery requires focused attention, upper body strength, and precision at all stages right up to releasing the arrow. It's an activity that challenges everyone, from beginner to expert.

"Hopefully I can become everything Falling Creek holds dear."

MATT DANES
BELLE ISLE, LEEDS, UK

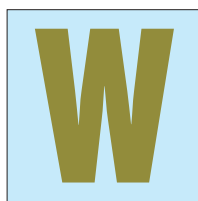
"I know a safe haven in the mountains where strangers become brothers and dreams become reality."

HONOR COUNCIL

LAND SPORTS

SOCCER · TENNIS · BASKETBALL · WEIGHTLIFTING · LACROSSE · ARCHERY
RIFLERY · ULTIMATE FRISBEE · CROSS COUNTRY

Challenge, skill-build



While we offer many competitive activities, we feel that it is important for boys to develop good sportsmanship and teamwork as well as improving their skills. At Falling Creek, we recognize boys who demonstrate unselfishness in their everyday lives. We would rather see a boy develop awareness to the feelings and needs of others, than to win on the soccer field or basketball court

Soccer is always popular at Falling Creek. Counselors teach ball-control skills and help boys develop proficiency at dribbling, passing and shooting. Lively scrimmages let campers apply their skills in game competitions.



Basketball. Boys of all ages enjoy playing on Falling Creek's two outdoor all-weather courts. Emphasis is placed on ball-handling and other fundamentals to help improve individual skills. Scrimmages help boys learn to work together and practice teamwork.

Lacrosse. In our lacrosse program, through a series of drills and counselor instruction, boys are introduced to the basics: from stick handling, to shooting techniques, to passing and catching skills. They learn offensive and defensive team strategies, and are able to put their new skills to use in small-team and full-team scrimmages.

Tennis. Qualified staff members offer daily instruction on five hard-surface, all-weather courts. Fun and constructive games are used to develop young players' skills.

Ultimate Frisbee. This activity is fast becoming a favorite. Campers are instructed in the rules and strategy of the game and a variety of throwing skills.

ding, and team spirit



Archery-Riflery. Archery and riflery are taught with a strong emphasis on safety and responsibility.

Bow strengths in archery vary from 15 to 40 pounds, and shooting distances of 15 to 30 yards provide a challenge to both the beginner and the expert archer.

The covered riflery range allows boys to shoot in any type of weather. Each boy is allowed to shoot six days a week on a 50-foot range and receives instruction in four positions: prone, sitting, kneeling, and standing.



A tennis ladder, camper-counselor tournaments, and camper tournaments challenge players at all levels. All campers learn the strategy, sportsmanship, and court etiquette that characterize a good tennis player.

*"I've always liked horses,
but I didn't start riding them
until I came here.
In my second or
third year, a counselor
suggested that I try jumping.
I was real scared.*



*He encouraged me
a whole lot to do it.
I've learned that I can do it.
Now that's all I want
to do."*

RICHARD WHITAKER
BIRMINGHAM, ALABAMA

RIDING • NATURE

TRAIL RIDES • HORSEBACK OVERNIGHTS • PLANT & ANIMAL LIFE

Horses, snakes, owls,

R

iding. With more than 20 horses ready to ride and trails throughout its nearly 425 acres, Falling

Creek offers a unique opportunity for riding and horseback overnights.

Boys start out in the ring learning basic horsemanship skills. When a boy demonstrates that he can control his horse, he may begin trail riding and taking advantage of the numerous outings and overnights planned by the riding staff.

Our facilities include two barns, two riding rings, five pastures and miles of beautiful mountain trails.

Opportunities vary from small picnic rides to overnight trips and two-day trail rides for more advanced riders. Special clinics are offered throughout the summer. Emphasis is placed on the safety of the rider as well as the well-being of the horse.

Boys who demonstrate interest and enthusiasm are invited to participate in the Main Camp Gymkhana.



and salamanders



Nature. Guided by a group of naturalists who integrate biology, ecology, and botany into the program, campers see what's abstract in a textbook happening before their very eyes. They go on night hikes to learn about astronomy and nocturnal animals. They explore the physics of water molecules by observing and learning to attract

water striders, spider-like insects that skate on a lake's surface. They take advantage of a rainy morning by searching out aquatic creatures like frogs, tadpoles, and snakes. They discover that the area around Falling Creek is particularly fascinating because its natural life combines the ecologies of northern deciduous forests and southern pine forests. In

Nature, campers learn to appreciate conservationist Baba Dioum's famous maxim, "We conserve only what we love, we love only what we know, and we know only what we are taught."



Best of all, in the camp's Nature Center, the boys meet Rufus and BB, red-tailed hawks that have been at Falling Creek since the late 90s. And, of course, almost all the boys love to watch the snakes feed!

"I'm a teacher during the year, but I know I can make a bigger difference in these boys' lives during the summer at camp than I can during nine months at school."

ROBERT KIRBY

16-YEAR FCC STAFF MEMBER

HENDERSONVILLE, NORTH CAROLINA

"I remember coming into camp the first time and being a little nervous, but as soon as I met my counselors and cabin-mates, I was excited and ready to have a great summer."

HAYES SAER

GREENWICH, CONNECTICUT

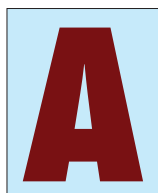


Boys get to choose their own projects in our woodworking shop. The strength of our crafts program is the interest and enthusiasm of our staff for what they teach.

CREATIVITY

CRAFTS · MUSIC · INDIAN LORE · SPECIAL EVENTS

Discovering talents a



Arts & Crafts. Falling Creek has a well-equipped craft shop where boys learn to express their individual tastes and talents. The activities range from woodworking and pottery to leatherwork, painting, drawing and photography.

Indian Lore.

The Indian Lore program seeks to give campers an appreciation of the crafts and culture of Native Americans. Boys learn to make Indian crafts from natural materials and create their own outfitting for a special Indian Grand Council campfire presented at the end of the Main Session.

Special

Events. There are certain times during

each session when regular activities stop and all boys participate in camp-wide special programs. These may include Field Days; Track Meets; The Falling Creek Olympics; The Ironman Triathlon; The Falling Creek Horse Show; Backwards Day; Wild, Wild, West Day; California Day; and Carnivals.

Other special events include Counselor Hunt, camper-counselor tournaments in tennis, foosball, ping-pong and basketball. Day trips to the cool, refreshing waters of Sliding Rock in the Pisgah Forest are memorable experiences.

Dances. The boys of Falling Creek occasionally get together socially with some of the neighboring girls' camps.



nd interests



Merit Badge Program

Falling Creek offers campers the opportunity to pass off requirements for all or portions of several Boy Scouts of America merit badges.

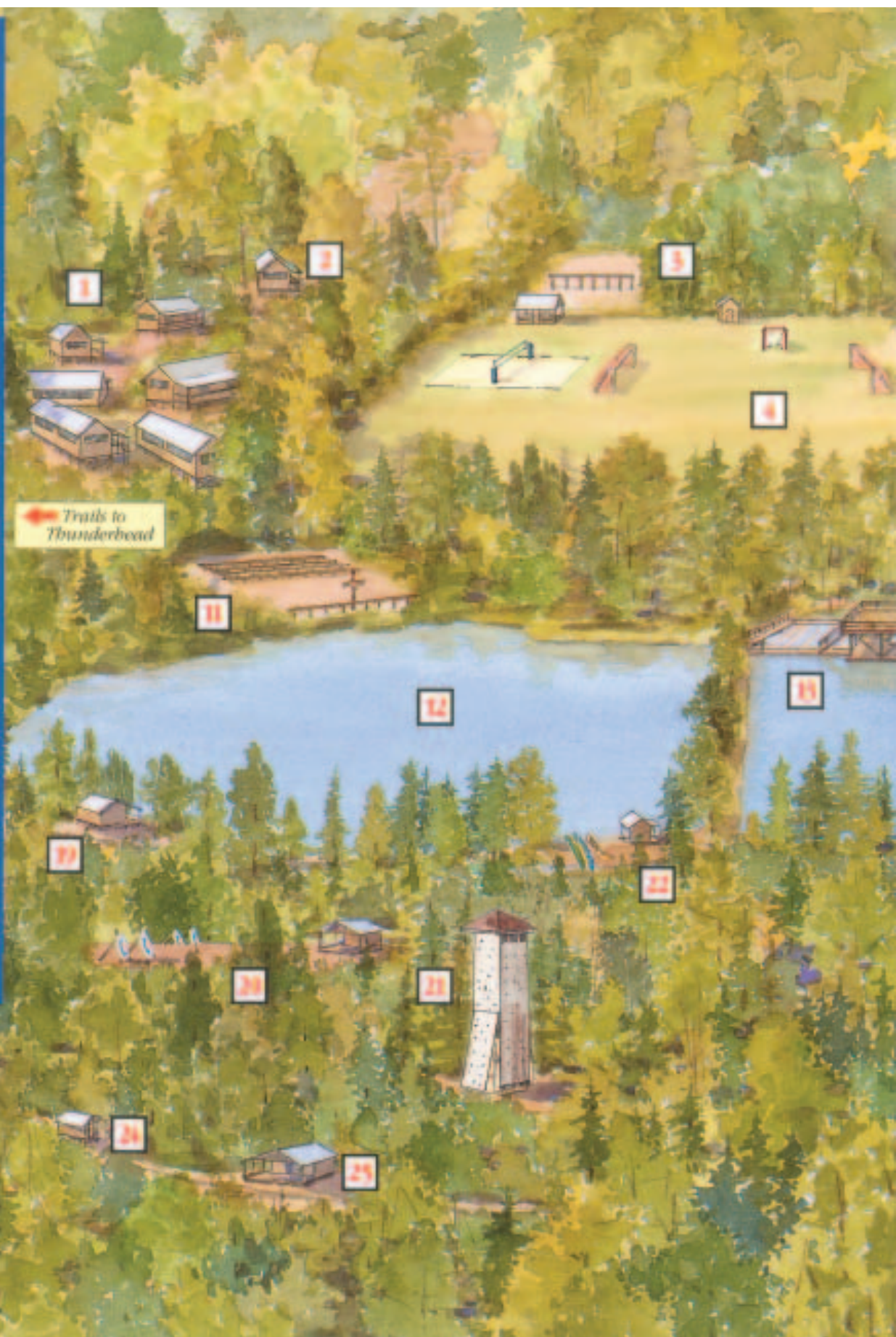
The Closing Campfire and Banquet.

This is an event rich with tradition and meaning for the campers. It is an opportunity for the camp community to reflect on the session and give a sense of closure to the campers' experiences. "It always amazes me how many campers come back and talk about their closing campfire and banquet," says Donnie Bain. "It helps to remind us how much camp means to campers. And we understand, because it means just as much to us."





- 1 - Iroquois Tribe
- 2 - Indian Lore
- 3 - Riflery Range
- 4 - Athletic Field
- 5 - Roller Coaster
- 6 - Cherokee Tribe
- 7 - Catawba Tribe
- 8 - Infirmary
- 9 - Tennis/Basketball Courts
- 10 - Doctor's A-frame
- 11 - Campfire Area
- 12 - Lower Lake
- 13 - Swimming Docks
- 14 - The Blob
- 15 - High Wire
- 16 - Main Office
- 17 - Dining Hall
- 18 - Miller Lodge
- 19 - Nature Hut
- 20 Archery Range
- 21 - The Climbing Wall
- 22 - Canoe & Kayak Hut
- 23 - Stables
- 24 - Mountain Biking Hut
- 25 - Mountaineering Hut
- 26 - High Ropes Course
- 27 - Fishing Hut
- 28 - Morning Watch





Trails to
Mountain Pastures

Trails to Green River Pastures
and Outpost Cabins

Welcome to Falling Creek!

The Falling Creek experience revolves around the 150-acre main campus, pictured here. This area is surrounded by hundreds of acres of lush forest, open pastures, and miles of beautiful trails, allowing for a multitude of wilderness opportunities.

DIRECTORS

A dream becomes reality... and keeps growing



YATES AND MARISA PHARR
AND FAMILY

In the summer of 1989, Yates and Marisa both worked at Falling Creek—Yates leading the whitewater program and Marisa heading up the waterfront. After they graduated with degrees in recreation from ASU, Marisa joined the staff of the YMCA, first as aquatic coordinator, and then as a staff trainer. Marisa later served as a Certified Therapeutic Recreational Specialist at the Alexander Children's Center. Her commitment to the well-being of children and families is exemplified by her volunteer work with many community programs, as well as with her neighborhood, church, and children's schools.

Yates, meanwhile, returned to his hometown of Charlotte, N.C., to serve as President of Bissell Development. In 1991 Yates and Marisa married and now have three daughters; Annie, Lucy, and Mary. Even as Yates was forging a successful career in the business world, he continued to work with children, serving as assistant scoutmaster for the same troop in which he earned his Eagle Scout. The Pharrs moved to Asheville and Yates became Vice President of commercial development for Biltmore Farms. Returning to camp was the opportunity of a lifetime for them.

For the past three decades, camping has been an important part of Donnie and Kim Bain's lives. Donnie,

who started at Falling Creek as a cabin counselor in 1972, advanced over the summers to mountaineering counselor, program director and assistant director. A graduate of Davidson College, Donnie received his M.A. in Education from Georgia State. He taught for five years both at The Lovett School in Atlanta and in the Henderson County school system while returning every summer to camp. His wife, Kim, graduated from Converse College, and received her M.A. in Education from Georgia State. During the winter, Kim is a teacher in the Henderson County School System and every summer she manages our program office. Their sons, Johnathan and Michael were campers at FCC, and, along with their sister Betsy, have all contributed their talents to the FCC staff.



DONNIE AND KIM BAIN
AND FAMILY

When Yates met Marisa at Appalachian State University, summer camp was already in his blood. His family had long been involved with camps in Western North Carolina. Yates and his brothers attended Falling Creek — Yates for 12 summers as both a camper, C.I.T., and staff member.



“A camp experience is something you can’t get anywhere else. It not only allows you to build skills like paddling and tennis, but also to build life skills—how to get along with others, be independent and make decisions for yourself—that you would never have a chance to do at home or school.” —YATES PHARR

**Additional information on
Falling Creek is available online
at www.fallingcreek.com**

